

'The Derwent Reservoir Time Trial' 9/7/2023 Including N&DCA 10mile Championships

Promoted for and on behalf of Cycling Time Trials under their rules & regulations

Event Secretary: David Swainson

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Official Timekeepers: Sharon Dyson, Peter and Frances Schultz

Assistant timekeeper: Millie Swainson

Event Headquarters: Edmundbyers Village Hall

The Closes

Edmundbyers

Consett DH8 9NH

First Rider: 09:01

This event is on the M107 course starting at Carterway Heads on the A68 and finishing at the village sign for Edmundbyers - 9.9 Miles (Sporting course)

It is the riders responsibility to familiarise themselves with the route in advance of the race.

Start outside the Manor House public house on the northbound side of the A68.

DO NOT take the left hand road after approximately 1 mile. Stay on the A68 to Kiln Pit Hill crossroads.

Turn left at Kiln Pit Hill crossroads (Riders take CARE) towards Slaley. (marshalled and signed)

Take the second turning left (Riders take CARE) towards the Derwent Reservoir (marshalled and signed).

Proceed past Carricks Picnic Area to T-junction at the top of the hill.

Turn left onto B6306 (Riders take CARE) – (marshalled and signed)

Continue to the finish at the village sign for Edmundbyers.







Rider safety information:

- Riders should familiarise themselves with the route in advance of the race.
- All riders MUST wear a hard shell helmet that meets an internationally accepted standard.
- All riders MUST fit a working front white light and red rear light, either flashing or constant, to your
 machine in a position visible to following road users and is active whilst the machine is in use. No
 lights = no start.
- Take care at all road junctions and riding through Edmundbyers at the end of the race.
- Keep to the correct side of the road at all times. Riders failing to do so will be disqualified. The marshals / organisers decision is final.
- Take care at fast right hand bend on descent towards reservoir.
- No U-turns to be made in the vicinity of the timekeeper/starter.
- No dismounting in the finishing area.
- All riders pulling out of the race on course must notify the organiser or marshal as soon as possible.
- The general condition of road surfaces can be poor in some places. Numerous broken sections and/or potholes are likely on the course to some degree or other. It is the rider's responsibility to take care of his line and be aware of the road conditions ahead.
- Competitors should not attend if they feel ill or have an elevated resting heart rate or exceptionally
 quick to react heart rate during warm-up can suggest an underlying asymptomatic illness. If you feel
 this is the case and notify the organiser of your intention not to start as a result of an adverse warmup.

Event Specific Information:

- Vehicles of competitors / officials / marshals / helpers to be parked safely and without hindrance to other road users and local residents.
- No cars to be parked at start/finish, except officials.
- Please do not park in either of the pub car parks at the start or near the HQ.
- No use of turbo trainers/rollers within 100yds of inhabited property. It is an early start!!
- No warming up on course once the event has started.
- Sign on and collect numbers from HQ at Edmundbyers Village Hall after 7:45.
- All riders must sign out personally at the event Headquarters once they have completed the course. Failure to do so will result in disqualification.
- The start is approximately 2.5 miles from the event headquarters. Allow plenty of time to get there!
- Please shout your number as you cross the finish line.
- Toilets are available inside the HQ at Edmundbyers.
- No cycling shoes to be worn inside the event headquarters (or use cleat covers).
- Please use the facilities with respect.
- We will announce category winners as soon as possible after the event however results will be verified and prize winners contacted thereafter for payment details.
- Good luck and have a safe and great race!



<u>Prizes</u>: We will contact prize winners as soon as possible after the publication of the official results. One prize per person. Highest value prize will be awarded.

Overall:

First £25 Second £15

Ladies:

First £25 Second £15

Road Bike: Please sign the separate sheet to be included for this category in this event.

If you are competing for the roadman category for the BAR please inform the

organisers. N&DCA rules apply for equipment.

First Male £25 Second Male £15

First Female £25 Second Female £15

Veteran

First £20 Second £10

Veteran awards will be based on Age/Gender adjusted times

Course Records

Male Course 21:31 Fin Robertson

Female 25:30 Gemma Frost

Junior Male 22.11 Daniel Holmes

Female 25:31 Lucy Glover