

sportfagley  
On behalf of Midland DC  
Present:

START SHEET

# RTTC TEAM TIME TRIAL NATIONAL CHAMPIONSHIP

SUNDAY 21st MAY 2023



TEAM TIME TRIAL

 **KALAS**



Promoted for and behalf of Cycling Time Trials  
under its Rules, Regulations and Conditions



# RTTC TEAM TIME TRIAL NATIONAL CHAMPIONSHIP

A CTT representative will be in attendance



## CHAMPIONSHIP AWARDS



### MEN

1st Gilt RTTC Medallion, Championship Trophy, Jersey & Cap

2nd Silver RTTC Medallion

3rd Bronze RTTC Medallion

### WOMEN

1st Gilt RTTC Medallion, Championship Trophy, Jersey & Cap

2nd Silver RTTC Medallion

3rd Bronze RTTC Medallion

A presentation will take place after the event, actual medals will be awarded at the RTTC Celebration of Champions, being held on the 20th January 2024.

**Championship Condition 2(h)** In the event that there are fewer than 10 eligible entrants for individual awards in a Championship, the number of medallions awarded is reduced to two. If fewer than five eligible entrants, only the winners award will be made.



1937 - 2002

**Road Time Trials Council  
National Team Time Trial Championships**

**Sunday 21 May 2023**

Promoted for and on behalf of Cycling Time Trials  
Under their Rules, Regulations, and National Championship Conditions

by



**sportfagley**

On behalf of the Midland District Council

**Event Secretary:** Mrs Sheila Hardy, 106 Northumberland Road, Coventry, CV1 3PF  
Email: [sheilactt@sky.com](mailto:sheilactt@sky.com) Mobile: 07791 664065

*Any complaints should be sent to the Event Secretary, in writing, (via email),  
within 48 hours of the Finish.*

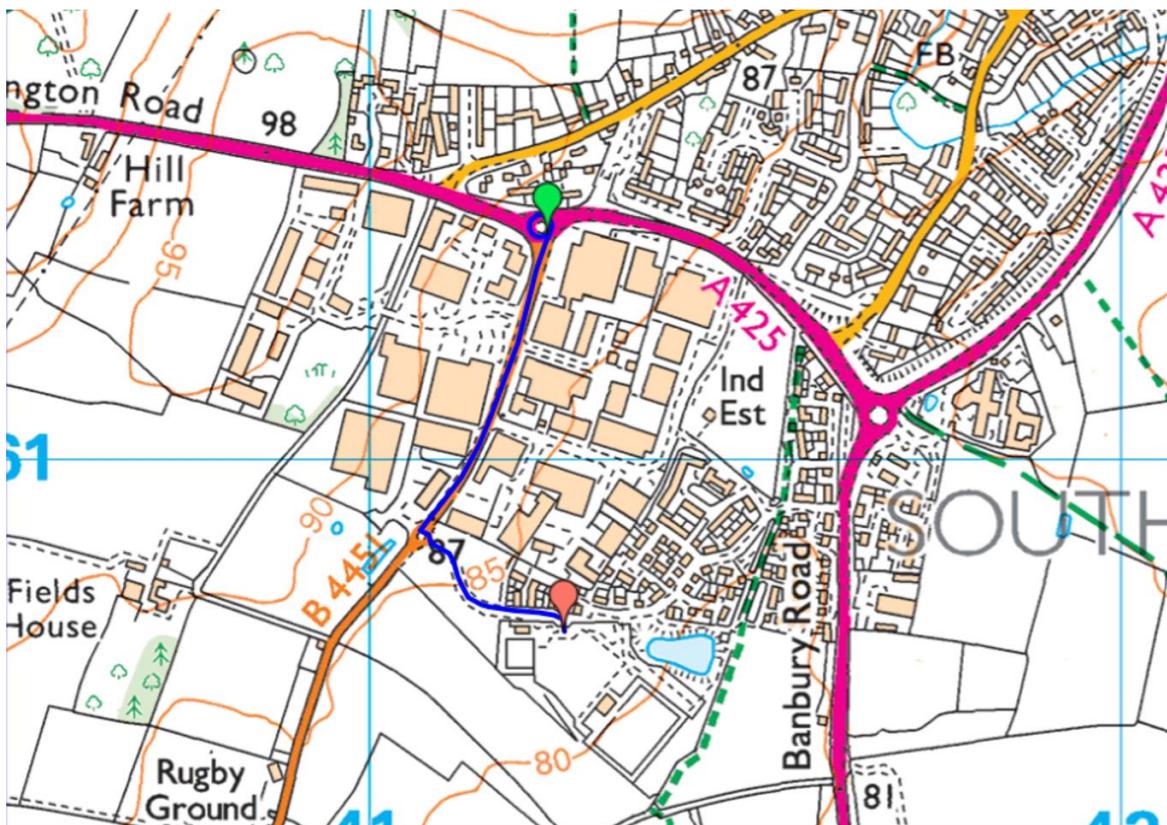
## Event Headquarters

(By kind permission of Mr Michael Davis, Owner and Chairman)



Southam United FC,  
Bobby Hancocks Park,  
Lark Road,  
Southam  
Warwickshire  
CV47 2TT

The HQ will be open from 0600 hours.



The National Championship Awards will be presented by Mr Mike Davis,  
Owner and Chairman, Southam United FC

## **Event Officials**

### ***Timekeepers***

#### Start

Chief Timekeeper: Laurie Bird (Rugby RCC)  
Tom Bailey (Coalville Wheelers)

#### Mid-way Point (Hardwick Hill)

Steve Walker (Leamington C&AC)  
Recorder: Christine Walker (Leamington C&AC)

#### Finish

Sue Bowler (South Pennine RC)  
Paul Martin (South Pennine RC)

### **Cycling Time Trials Representative**

Sue Bowler

### **Cycling Time Trials Chief Marshal**

David Barry (sportfagley)  
*Mobile on the day: 07795 383267*

### **Cycling Time Trials Start Observer**

Rob Wild (VC Long Eaton)

### **Cycling Time Trials Chief Steward**

Jim Wild (VC Long Eaton)

### **Cycling Time Trials "Runner"**

Jeff Bowler (South Pennine RC)

### **Event Race Number Secretary**

Gemma Wild (VC Long Eaton)

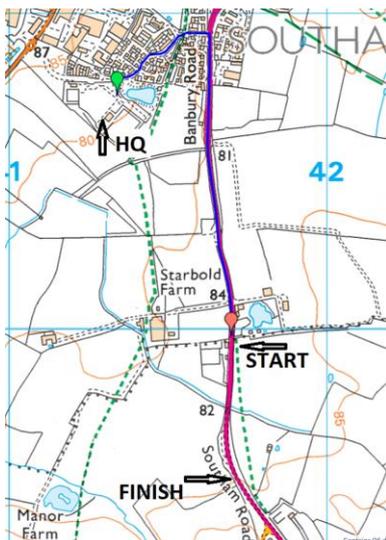
### **Course signage**

Barry Harden (Coventry CC)

### **Marshals**

Martin Canes (Birchfield CC)	Mike Denney (Leamington C&AC)
Dan Grant (Droitwich CC)	Steve Loraine (Legato RT)
Pammie Moore (Coalville Wheelers)	Mrs Margaret Smith (Shirley Roads CC)
Brigitte Urch (Leamington C&AC)	Peter Varian (Birmingham & Midland)
Alison Vessey (Pankhurst Cycles)	Rob Vessey (Pankhurst Cycles)
Isobel Wild (VC Long Eaton)	

## Course details (K3/23)



To the Start from HQ (approx 1.25 miles)

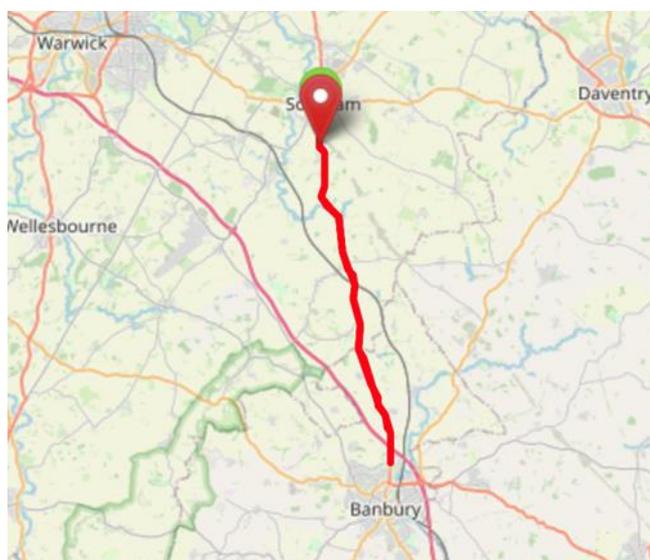
**START:** Unadopted access to site at 50 mph Post (Southam - Banbury (A423)), proceed on A423; through Mollington and Little Bourton to Banbury North TI (A423/Noral Way); turn and retrace (4th exit) to Finish.

Care Points: Wharf Inn (Fenny Compton X-Roads) (4.19 miles): Left turn to Claydon (5.28 miles): Farnborough (Right turn) (6.29 miles): Layby on Left (7.00 miles): Left turn to Claydon (7.65 miles): Mollington X-Roads (8.1 miles): Left turn to Cropredy/Gt Bourton (9.65 miles): The Dirt House PH (10.4 miles): new housing estate entrance (10.85 miles): Descending Hardwick Hill (0.4 miles at 10%) to Turn. (11.25 miles)

**Turn:** Proceed on A423 to Finish

Care Points: From turn, ascend Hardwick Hill (0.4 miles at 10%): Mollington X-Roads (14.25 miles): Entrance to Caravan Park (14.45 miles): Left turn to Farnborough (14.75 miles): Wharfe Inn (Fenny Compton X-Roads) (18.1 miles): Ladbroke Left turn (21.65 miles): Ladbroke Village Left turn (22.25 miles): Entrance to layby at Finish Point (22.45 miles).

**FINISH** at 50 mph Post (at entrance to Layby)



## RTTC National Team Time Trial Championships

### Event Information

Parking: Car Parking Stewards will direct vehicles to parking spaces (100+). Strictly **NO PARKING** on adjacent residential areas. There are in addition 15 vehicle spaces available for registered **Blue Badge** holders. (Event Officials will be directed to designated areas).

Warming-up: Space is limited for the use of turbos, etc. Turbo users will be directed to a hard-standing inside of the Stadium. There is also a suitable road network adjacent the HQ, in particular the B4451 Station Road, to Deppers Bridge, (turn Left out of Lark Road Tl). Please refrain from loud music and conversations.

Signing-on: Race numbers will be available in the Main Club House. Follow CTT direction arrows. The main Results Board will also be on view in this area.

Both body and arm numbers will be used. In accordance with National Championship Conditions only race numbers provided by the Event Secretary shall be used. Body numbers should be affixed in accordance with CTT Regulation 16. Arm numbers should be affixed to the upper arms with the number facing forwards. Please fix with safety pins and not tape.

Signing-off: All Team members are required to sign-off; otherwise your time will not be recognised for any Awards.

Refreshments: A variety of food and drinks will be available from a kiosk under the Main Club House. There will also be refreshments available in the upper level Main Club House.

Changing Rooms and Showers: These are situated on the Ground Floor. Appropriate signage will denote the segregated facilities.

Competitor clothing and machines: **NO MACHINES** will be allowed in any part of the Main Club House. There are secure facilities inside of the Stadium (bring your own personal locking device). Remove cleated shoes as they are also not allowed to be worn in this area. Please respect the club's facilities at all times.

First Aid Room: There will be first aid available, by qualified personnel, to both competitors and spectators.

**Please respect the surrounding neighbourhood. Please do not leave any litter.**



### **A Message from the Owner and Chairman of Southam United Football Club**

It is with great pleasure that Southam United Football Club have been chosen to be the Headquarters of a prestigious National cycling event. This unique event comprising of teams of three riders riding unpaced on a pre-determined route is using the local A423 road from Southam to Banbury and back. The community of Southam is firmly behind this and should witness an exciting race between many of the top female and male racing cyclists in the country.

The Organiser, Mrs Sheila Hardy of the promoting club, sportfagley, a Coventry-based club said she chose our club because of the close links within the community of Southam similar to the principles of her club.

Co-organiser, David Barry a CTT Board Director, is familiar with the Bobby Hancocks Park facilities having held a CTT Event Organisers Conference earlier this year, adding that *"the facilities ticked all the boxes; car parking, changing rooms and showers, Wi-Fi connection, and should the weather be inclement, the generous upstairs club house space which will easily accommodate the expected number of competitors and their supporters, which could be in excess of 200 people"*.

The Club wishes every success to all competitors and it is to be hoped that Cycling Time Trials will return to use our facilities in the near future, whether as an Event HQ, or to utilise our Conference Centre.

*Mike Davis*



**sportfagley**

Hello everyone,

I was amazed and delighted to see the excellent quality of riders on the Start Sheet for this event. I hope you all have a safe and enjoyable ride, straight out and back and show us how good this course can be.

I want to take this opportunity to acknowledge and thank, all those super people who stepped forward from a huge area of the Midland and Central Districts to help today, they have been just amazing and without them, it would have been impossible to organise things. Many of them sit on their own CTT District Committee which is fabulous and shows how we can all work together. sportfagley might a small club, but they certainly support our sport spending numerous hours volunteering in a multitude of ways; you will undoubtedly have seen us out supporting many other events.

Finally, I would like to recognise the huge amount of work that has been done in the background by Southam United FC, particularly by Gigi Gates, who you will meet in the catering outlets, and for the fantastic support given by Mr Southam United, Mike Davis, which has been absolutely First Class. If you are looking for a great event HQ, look no further than here. You will be made very welcome!

Finally huge thanks to Stewart Smith, Amanda Warn, and David Barry, for all the support they have given to me. I couldn't have done it without you.

Enjoy the ride and keep safe.

Sheila Hardy

Former Chairman Cycling Time Trials & 2023 National TTT Event Organiser



Number	Start Time	Name	Club / Team	Gender
2		Zoe Shepherd		Female
3	8:04:00	Rob Oconnor	Team Enable - M.I. Racing - McCann	Male
4		Andrew Jackson		Male
5		Sam Harding		Male
6	8:07:00	Ellis Pullinger	Rugby Velo	Male
7		Nicholas Marsh		Male
71	Reserve	Mark Pascoe		Male
8		Melanie Sneddon		Female
9	8:10:00	Madeline Moore	TORQ Performance	Female
10		Georgina Paul		Female
72	Reserve	Janet Birkmyre		Female
11		Gregory Ashley		Male
12	8:13:00	Andy Oliver	Team Enable - M.I. Racing - McCann	Male
13		Mark Wise		Male
14		Mike Logue		Male
15	8:16:00	Graham Winstone	ZeroBC Race Team	Male
16		Simon Smith		Male
73	Reserve	Dan Blake		Male
17		Jo Matthews		Female
18	8:19:00	Miranda Clements	Cambridge University CC	Female
19		Phoebe Barker		Female
20		Sian Marsh		Female
21	8:22:00	Keri Parton	Team BoomPods	Female
22		Charlotte Hodgkins-Byrne		Female
23		Ian Woodcock		Male
24	8:25:00	Peter Shaw	Bedfordshire Road RT	Male
25		Matt Donovan		Male
26		Louise Scupham		Female
27	8:28:00	Miriam Jessett	Jadan Vive Le Velo	Female
28		Laura Davies		Female
29		Grant Bigham		Male
30	8:31:00	James Lowden	HUUB WattShop	Male
31		Thomas Brazier		Male
32		Chris Booth		Male
33	8:34:00	Richard Nesfield	Giant-Kendal-Sidas.uk	Male
34		Craig Horseman		Male
35		Alex Pritchard		Male
36	8:37:00	Joshua Jackson	HUUB WattShop	Male
37		Will Lowden		Male



38		George Skinner		Male
39	8:40:00	Samuel Wadsley	Primera-Teamjobs	Male
40		Jordan Giles		Male
41		Llewellyn Kinch		Male
42	8:43:00	Matthew Downie	TAAP Endura	Male
43		Henry Latimer		Male
44		Robert West		Male
45	8:46:00	Richard Oakes	Team Ohten Aveas	Male
46		Joel Stewart		Male
74	Reserve	Ian Hope		Male
47		Oliver Peckover		Male
48	8:49:00	Timothy Torrie	trainSharp	Male
49		Sam Clark		Male
50		Alex Clay		Female
51	8:52:00	Kate Allan	Team Bottrill	Female
52		Emily Martin		Female
76	Reserve	Kim Barfoot-Brace		Female
53		Paul Burton		Male
54	8:55:00	Andy Critchlow	Paceline RT	Male
55		Pat Wright		Male
56		Emily Meakin		Female
57	8:58:00	Kelly Murphy	AWOL O'Shea Worx	Female
58		Hayley Simmonds		Female
75	Reserve	Connie Hayes		Female
59		Matthew Smith		Male
60	9:01:00	Alex Doherty	DRAG2ZERO	Male
61		Josh Newbould		Male
77	Reserve	Simon Smart		Male
62		Chris Smart		Male
63	9:04:00	Rob Graham	GTR - Return To Life p/b Streamline	Male
64		Liam Bard		Male
78	Reserve	Terry Wilkinson		Male
65		Matthew Bottrill		Male
66	9:07:00	Jake Sargent	Team Bottrill	Male
67		Axel Dopfer		Male
68		John Archibald		Male
69	9:10:00	Simon Wilson	HUUB WattShop	Male
70		Michael Gill		Male

# 2022 RTTC National Team Time Trial Champions



Ward Wheelz  
Tom Ward  
William Perrett  
Rob Walker



Brother UK - Team  
OnForm  
Jess Carridge  
Daisy Barnes  
Laura Pittard



[www.cyclingtimetrials.org.uk](http://www.cyclingtimetrials.org.uk)



@Cycling\_T\_T



/cyclingtimetrials



/cyclingtimetrials

# NOTES TO COMPETITORS

## NUMBERS: CHAMPIONSHIP CONDITION 2(j)

Competitors must only use the numbers supplied by the event organiser. Body numbers should be fitted in accordance with Regulation 16. Arm numbers should be fitted to the upper arms facing forwards.

## USE OF MOTOR VEHICLES

This event is under 100km. Riders should not be preceded, accompanied, followed by or in anyway receive assistance from a motorised vehicle.

### REGULATION 14

(j) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

(k) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

### REGULATION 15

**All competitors must wear a properly affixed helmet** which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN1078

### REGULATION 17: SIGNING-ON SHEET AND SIGNING-OUT SHEET

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s) and (ii) sign the official Signing-out Sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

N.B. Extenuating circumstances may be considered.

### THIS EVENT MAY BE SUBJECT TO A DOPING CONTROL

As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.



[www.kimroy-photography.co.uk](http://www.kimroy-photography.co.uk)

0114 287 9319

# Cycling Time Trials

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