



East Sussex Cycling Association

2023 President Peter Moon – Eastbourne Rovers CC



ESCA 25m Time Trial – Sunday 23rd April 2023 – G25/89

Held for and on behalf of **Cycling Time Trials** under its rules and regulations

Start Sheet

Event Secretary

Chris Parker (Hastings & St Leonards CC and East Sussex CA Chair)

5 Limden Close, Stonegate, Wadhurst, East Sussex TN5 7EG

Telephone: 01580 200016

Email: chrisparkerpett@aol.com

Mobile: 07597 557432

Timekeepers

Richard Meed (Lewes Wanderers CC) and **Peter Moon** (Eastbourne Rovers CC)

General Information

Event HQ

Fairwarp Village Hall, Nursery Lane TN22 3BD – Open from 07:15am for first ride off at 08:01. Heading north on the A22, turn right at Lampool Roundabout [TN22 3DR] into Straight Half Mile Road. Turn immediately left onto B2026 Lampool Road then second right into Nursery Lane (50 yards before the third right which takes you in to Fairwarp village). The HQ is on the left. Please consider parking further afield and cycling to the HQ to sign on.

Thank you in advance for not wearing cycling shoes or cleats in the hall.

Please show respect to local residents in the locality with no shouting within earshot of houses, considerate parking and no turbo trainers to be used within 50 metres of a domestic property.

Car Parking

There is limited parking in the car park, when full please park sensibly on the hall side of the lane with consideration for other road users and local residents. **Please do not block horsebox access for the property at the top of Nursery Lane where cones are placed. And please keep clear of gates into properties.**

Race Numbers

Race Numbers will be available at the event HQ. Please collect your number when you sign on. **If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.**

Additional Hazards

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

Live Leader board on smart phones courtesy of ResultSheet – Prize Presentation in HQ

Prize money will be presented immediately after the event in the HQ. As per details below we will be using ResultSheet to provide a live leader board on smart phones and a small monitor in the HQ. Please stay for tea and coffee, and light refreshments, before the prize presentation. If not staying in person to pick up cash prizes you have two weeks to provide the necessary details to the event organiser if you wish to claim the cash.

Prize List

Fastest Overall

First	£30.00
Second	£25.00
Third	£20.00

Fastest Lady

First	£30.00
Second	£25.00
Third	£20.00

Fastest Jun / Juv

First	n/a
Second	n/a
Third	n/a

Fastest Team of 3

First	£10.00 each
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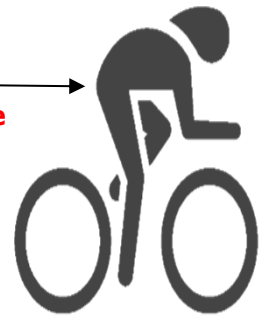
Start

The start is less than a mile from the hall. Proceed out of the HQ car park and turn right, at the give way turn left onto B2026 Lampool Road, proceed to the next give way, turn right and at Lampool Roundabout take first exit to the start.

Please pay attention to the following CTT regulations/recommendations

- **Both Front and Rear Lights must be fitted and working** CTT Regulations now require that "No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine a working front white light and to the rear of their machine a working rear red light; either flashing or constant, that are illuminated and in a position that is clearly visible to other road users. **NOTE THIS WAS A NEW REGULATION FOR 2022**
- **Helmets** CTT regulations now require the use of a helmet that meets internationally accepted safety standards for all competitors. **NOTE THIS WAS A NEW REGULATION FOR 2022**
- **Parental Consent Forms** Under 18 age entries must download and complete and have a signed parental consent in order to compete. The completed form must be brought along to the signing on along with your helmet and lights. No helmet, no lights, no parental consent, no ride.
- **Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.
- **Results** No times will be given out at the finish.
- **Audio Equipment** Competitors must not use ANY audio equipment except prescribed hearing aids. A competitor in breach of this regulation shall be disqualified. Competitors must not use a mobile phone while mounted on their machines.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. No time may be recorded if number is not correctly positioned.
- **Signing Out** Please note competitors must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must return their race number and sign the official signing out sheet. A rider who fails to so sign the official signing out sheet shall be recorded as DNF.

**Please pin
number here**



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ResultSheet live leader board on your smart phone – and more

Google "ResultSheet" to find: <https://resultsheet.co.uk/>

There is information on the extensive features available. To find an event using the service click on the events tab and scroll down to find the event you are looking for.

The direct link to the online result sheet for this ESCA TT is:

<https://resultsheet.app/rsd/1682095273607x838392989991567400>

Please save the link, or use the QR code which will be available at the sign in desk, to access the leader board with the provisional results.

If anyone has a query about their time please bring it to our attention as soon as possible so the timekeepers can check if your query is valid. The time keepers will do an initial check at the HQ and confirm the prize winners to be announced in the HQ presentation.

Time keepers will double check times in the afternoon before the final result is published on the CTT web site.

ESCA Prize Money pay out, and donations to charity

Several ESCA affiliated clubs donate funds to a charity, with riders that win prize money adding their winnings to the pot. Subject to the number of entries over the season ESCA will, as in 2022, be selecting a charity e.g. Air Ambulance Kent Surrey Sussex, who have airlifted injured cyclists to hospital, and making an end of season donation. Any ESCA Prize winner that wishes to donate their winnings to the ESCA pot can let the Event Organiser know. Any unclaimed prizes will also go into the pot.

Cash prizes for the top three riders in each category will be presented in the HQ straight after the event. The result sheet will list all the cash prize winners and any that have left early will be advised that if they wish to claim their prize money they need to contact the Event Organiser to arrange means of payment no more than two weeks after the event with the necessary details provided for payment. The preferred method of payment is by PayPal. Otherwise please give your account number and sort code and exact name of the holder(s) so that the account details can be verified for a BACS transfer.

Keep up to date with the regular updates in ESCA's Facebook Group:

East Sussex CA Facebook Group www.facebook.com/groups/EastSussexCA/

There are regular posting in ESCA's Facebook Group. ESCA Chair Chris Parker posts headline information on ESCA's activity in the Group but is not a prolific Facebook user so following his posts in the group will not be too onerous!

East Sussex CA Website www.eastsussexca.org.uk/

ESCA's web site lists all 9 ESCA Open TTs for 2023 with direct links to CTT on-line entry.

There is additional information on past results and an outline of the Association's history.

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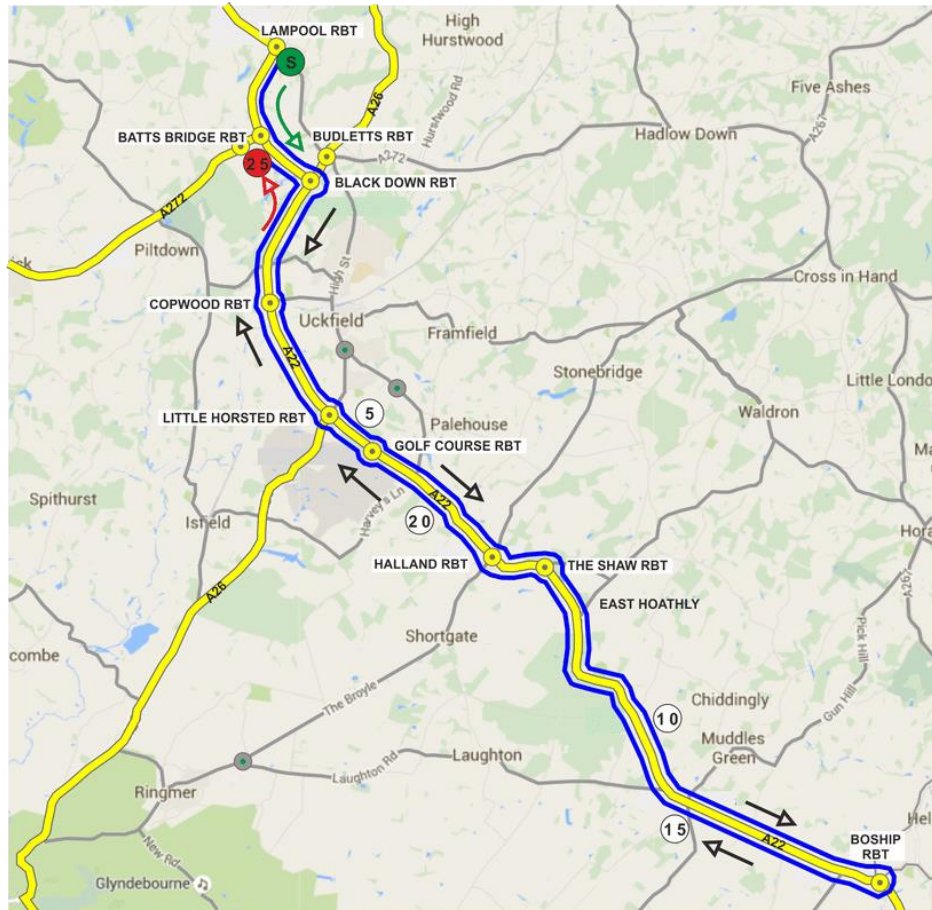
Course Details

G25/89 – Maresfield – Halland – Lower Dicker – Halland – Maresfield – A22

Many thanks to Mike O’Gorman (Worthing Excelsior CC) who has mapped all the London South courses.

These course details can be viewed or downloaded from the Sussex CA website www.sussexca.org.uk/g2589.html

OS Ref	Course G25/89	Distance
TQ461252	START on Maresfield by-pass 100 yards south of Lampool RBT (roundabout) at red paint mark on curb 14 yards before LP12.	00.00m
TQ511165	Proceed to Batts Bridge RBT. Straight on 2nd exit to Black Down RBT. RIGHT 2nd exit following Uckfield by-pass via Copwood RBT and new Owlsbury RBT to Little Horsted RBT. Straight on 2nd exit via Golf Course and Halland RBTs to The Shaw RBT	07.52m
TQ572172	RIGHT 2nd exit and continue on A22 via Whitesmith and Golden Cross to Boship RBT where TURN (Check)	13.08m
TQ511165	4th exit to retrace though Golden Cross and Whitesmith to The Shaw RBT	18.63m
TQ468231	LEFT 1st exit and continue on A22 via Halland and Golf Course RBTs to Little Horsted RBT. Straight on 2nd exit and follow A22 via new Owlsbury RBT and Copwood RBT to Black Down RBT	24.40m
TQ461236	LEFT 1st exit and follow Maresfield by-pass to FINISH at red arrow on curb opposite drain in lay-by before Batts Bridge RBT	25.00m



N.B. The new Owlsbury roundabout between Copwood RBT and Little Horsted RBT is not yet shown on the map.

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Order of Start

Race No.	Start Time	Rider	Rider	Club	Gen	Cat	Notes
1	08:01	Chris	Parker	Hastings & St. Leonards CC	M	V	
2	08:02	Anna	Roe	East Grinstead CC	F	S	
3	08:03	Kate	Curran	Gemini BC	F	S	
4	08:04	Catherine	Vollmer	East Grinstead CC	F	V	
5	08:05	Gemma	Shadbolt	Brighton Mitre CC	F	V	
6	08:06	Angela	Dyson	East Grinstead CC	F	S	
7	08:07	Domie	Pollard	East Grinstead CC	F	V	
8	08:08	Anita	Turner	Eastbourne Rovers CC	F	V	
9	08:09	Iona	Mitchell	Hastings & St. Leonards CC	F	S	
10	08:10	Pip	Jenkins	Southborough & Dist. Whs	F	S	
11	08:11	Kate	Mankelow	Lewes Wanderers CC	F	V	
12	08:12	Colin	Harrison	East Grinstead CC	M	V	
13	08:13	Piers	Newman	East Grinstead CC	M	V	
14	08:14	Greg	Funnell	Eastbourne Rovers CC	M	V	
15	08:15	Ed	Tang	East Grinstead CC	M	S	
16	08:16	Kevin	Curran	Gemini BC	M	V	
17	08:17	Russel	Cottingham	East Grinstead CC	M	V	
18	08:18	Ryan	West	VTTA (Surrey/ Sussex)	M	V	
19	08:19	William	Appleby	Brixton Cycles Club	M	V	
20	08:20	Julian	Scutter	East Grinstead CC	M	V	
21	08:21	Rob	Smith	Brixton Cycles Club	M	V	
22	08:22	Peter	Baker	Lewes Wanderers CC	M	V	
23	08:23	Gavin	Richards	Lewes Wanderers CC	M	V	
24	08:24	Richard	Burchett	Crawley Wheelers	M	V	
25	08:25	Paul	Fletcher	trainSharp	M	V	
26	08:26	Tony	Reeves	GS Stella	M	V	
27	08:27	Julian	Fussell	Southborough & Dist. Whs	M	V	
28	08:28	Keith	Walker	Wigmore CC	M	V	
29	08:29	Paul	Tippett	Crawley Wheelers	M	V	
30	08:30	Adam	Rogers	Eastbourne Rovers CC	M	V	
31	08:31	Richard	Tully	Elite Cycling	M	V	
32	08:32	Adrian	Blacker	VTTA (Surrey/ Sussex)	M	V	
33	08:33	Keith	Lea	Paceline RT	M	V	
34	08:34	Robert	Drake	Addiscombe CC	M	S	
35	08:35	Mark	Smith	Crawley Wheelers	M	V	
36	08:36	Nathan	Russell	trainSharp	M	S	
37	08:37	Sam	Fuller	Southborough & Dist. Whs	M	S	