



**2022**

## **CyclingTimeTrials**

# **Annual Report and Statement ofAccounts**

## **Agenda**

For a meeting of the National Council to be held at Staverton Park Hotel & Golf Club, Daventry Road, Daventry, NN11 6JT on Sunday 04 December 2022

**Chair:**  
**Andrea Parish**

**National Legal Adviser:**  
**David Guy**

### **SPECIAL NOTE:**

Copies of this agenda are being sent to each affiliated club. If the recipient is not the current Hon. Secretary of the club, it is requested that these are forwarded promptly to the new Secretary who should notify the National Secretary (Competitions & Development) of the change of Secretary so as to keep the Company's records up to date.

Delegates are entitled to vote by proxy in accordance with Articles of Association 21 and 22. Article 21.1 (d) requires proxy notices to be delivered 48 hours before the time for holding the meeting. That is 9.30 am on Friday 2 December 2022. Such notices may be sent by email to the National Legal Adviser at [David.Guy@cyclingtimestrials.org.uk](mailto:David.Guy@cyclingtimestrials.org.uk).

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# ANNUAL REPORT

## CYCLING TIME TRIALS BOARD OF DIRECTORS AND NATIONAL OFFICIALS

Since the National Council Annual General Meeting effectively held on Sunday 05 December 2021 the board of directors has met eight times. Of those, one meeting was held “face to face”, three meetings via zoom and four meetings were hybrid meetings (face to face & virtual). A further meeting will take place shortly after the publication of this report.

The Board has successfully transacted the business of the Company via hybrid meetings. This has allowed us to reduce both cost and travel.

There have been other ad hoc meetings of the directors which have been held as and when circumstances dictate.

Thanks to our hybrid meeting format this year there have only been five director absences across all meetings. Absence from a meeting can be for a variety of reasons, organisation of cycling events, holiday, family commitments or health issues.

### Sub-committees:

For 2022 there was a change of format, with various sub-committees created to deal with specific projects, as below:

**Finance:** Rob Bailey, Robin Field, Martyn Heritage-Owen, Mark Sanders, Roger Wakeling, Keith Dorling

**ResultSheet:** Martyn Heritage-Owen

**Spindata:** Martyn Heritage-Owen, Andrea Parish

**App Based Timing Systems:** Martyn Heritage-Owen, Andrea Parish. **Expert Appointee:** Ian Myers

**Diversity:** Andrea Parish

**Website/IT:** Martyn Heritage-Owen, Andrea Parish, Peter Rogers, Mark Sanders, Stewart Smith

**Champions Night:** David Barry, Sue Bowler, Keith Dorling, Mark Sanders, Roger Wakeling.

**Communications:** Dawn Sherrin, Sue Bowler, Stewart Smith

**External Working Group:** Andrea Parish

Sue Bowler resigned as Chair on 18 September 2022.

Andrea Parish was appointed as Interim Chair on 3<sup>rd</sup> October to remain in post until the AGM to be held on 4 December 2022.

Andrea Parish became the Board's recommended nominee for Permanent Chair at a Board meeting on 29 October 2022.

## BADGES OF HONOUR

Since the 2021 National Council Annual General Meeting, Badges of Honour have been awarded to:

Nick Sharpe - Manchester DC.

David Collard-Berry - South DC.

Kathleen Collard-Berry - South DC

Bob Williams – Liverpool DC

Ruth Williams - Liverpool DC.

## COVID-19

The emergence in late 2021 and early 2022 of the Omicron Covid-19 variant was responsible for the precautionary cancellation of 2021 Champions Night. Shortly thereafter, all Covid restrictions were lifted and no events were lost to Covid this year.

However, the relatively stable decline in rider numbers does appear to have been accelerated this year as we recover from the pandemic. The recent publication of CTT data, via PowerPoint presentation, shows participation in Open (Type A) events since 2017 has declined along with participation in Club (Type B) events. These data are representative of an overall decline in participation over many years.

This year the continued decline has made a significant impact on our financial outlook which won't be reflected in our accounts until year ending March 2023.

It is impossible to know at this time whether post-pandemic recovery is a significant factor in the acceleration of the decline in participation.

## FINANCE

The published Cycling Time Trials' accounts cover the year to 31 March 2022, and for comparative purposes show the year to 31 March 2021. The accounts for the year show a surplus of income over expenditure of £157,000 which is a reverse in the loss of £73,000 in previous year. The material factors in this result when compared with the previous year are:

### Income:

Overall, income increased by £311,000:

- Type A levies and championship levies increased by £179,000 as a result of Covid19 in the previous year.
- Type B levies increased by £118,000 as explained previously. Club events for the 2021/22 season started to use the CTT website and District websites for entry which is hoped

to promote club events to a wider audience.

- Subscription (affiliation and advertising fees) increased by £5,000 as described below in Membership and Participation.
- There was a Handbook published for the 2021 season which just about broke even.
- CTT is very grateful to the clubs who donated monies during the year.

### **Expenditure**

Overall, expenditure increased by £80,000 compared to the previous year.

National administration expenses overall increased by £54,000. Most of the increase resulted from the freedom to travel and allowed focus on concentrating on events. CTT made use of the furlough scheme in the year. There was an increase of £12,000 in advertising and publicity following a return to the fulfilment of contracts after the disruption. The Board of Directors travel and accommodation costs increased as a few 'face to face' meetings were held although the overall number is planned to remain around a half the number it was pre pandemic.

The other significant changes are Competition and championships expenses up by £13,000 mainly as a result of the posting out and cost of medals which included many from the previous year too.

### **Reserves**

The reserves as at 31 March 2022 stood at £398,000. This level the Board considers adequate at present although it will be keeping an eye on this year's forecasts with the downward trend in the region of 25% in Type A levies and the increased cost of insurance. The forecast for 2022/23 is showing a potential loss of around £30,000 and for 2023/24 a budgeted loss of up to £150,000 leaving reserves at around £220,000 as at 31 March 2024. Cost cutting and increasing income are at the forefront of the Board's thinking to enable CTT to remain solvent.

### **Membership and Participation**

The number of affiliated clubs currently stands at 1,530. Of these, 520 have registered to carry advertising.

For the financial year to 31 March 2022, there has been the expected increase in the overall number of rides: in Type A events with nearly 47,000 rides (up by 34,000 rides) and in Type B events to 64,000 (up by 39,000).

### **INSURANCE**

Following the retirement of Nick Sharpe (as National Secretary Legal and Corporate) in March 2022, some of his duties were shared amongst Board members. In October we appointed an

experienced Barrister, David Guy, as National Legal Adviser to take on some of Nick's roles and to deal with two important and urgent matters. The first concerns the defence advanced by CTT to a claim which has been made for serious injuries. It is not appropriate to go into any details at this stage as the case is contested. However, CTT may be liable as under Article 51.4 it indemnifies riders and marshals. The second matter is closely related to the first. The premium payable for CTT's insurance to cover riders and marshals (and others), is to be renewed in November and is likely to be several times what it was in the previous year because of "adverse claims experience." CTT's policy is intended to be of last resort i.e. will be available if for some reason a rider or official is found to be at fault and does not have a policy of their own. CTT's policy will not pay out if there is a policy which is considered "primary". If a rider does have a policy but it is ineffective because no notice of a potential claim was given the whole loss is thrown on the CTT policy. Currently, although we believe that many riders have the relevant cover through British Cycling, Cycling UK we have no means of proving this to our own potential insurers or informing the rider insurer of an accident. This means the primary policy may be ineffective. Accidents are invariably reported promptly to CTT by the event secretary and the CTT informs the CTT insurer: it cannot inform any primary insurer because it does not have the details of who they are. Often it is years before a formal claim is received and all policies will have a condition that any potential claim is reported within a fixed time of the event. For that reason the Board has resolved to ask riders to voluntarily include on their profiles the details of any third party insurance they may have. This will allow CTT to inform the primary insurers (in any given case there may be more than one) in good time. This will substantially reduce the potential exposure of CTT's policy and hence the premium. We will make appropriate changes to our Data Protection Policy to include this and we will supply the information to event secretaries as to which entrants are insured and those who do not appear to be. They can then give an entrant a reminder of the benefits of giving the information. We are not proposing this year that the disclosing of the information should be compulsory, but an event secretary could use it when exercising their discretion as to who will be accepted. If the voluntary procedure is ineffective in producing the information, we need we shall have to consider making it compulsory next year. It is anyway in the interests of all riders to be insured. If we cannot obtain proof that most or all riders are directly insured there a real risk to CTT as we cannot continue to pay premiums at current levels. The amounts involved are far too great to be made up from any feasible increase in entry fee levies or subscriptions.

## DATA PROTECTION

All registered riders are reminded to keep their personal information on their profile page up-to-date and to ensure that their preferences are regularly updated. Please remember that if you do not “tick the box” to consent to receive emails from CTT, you will not receive the regular CTT newsletter. CTT will never sell or pass on your information to any third party unless it has your specific consent to do so.

## SAFETY OF THE SPORT

### Reported accidents

It is also recommended that in all cases, should there be an accident in an event, the risk assessment should be reviewed and updated as needs be. The date of any update to the risk assessment should be noted at the bottom of the risk assessment, even if only to the effect that the risk assessment was reviewed and that no changes were considered necessary.

## CYCLE EVENT SIGNAGE

Throughout 2022, clubs continued to order starter packs or replenished their existing stock. Five affiliated clubs that previously never had promoted time trials took advantage of the offer to purchase a “Starter Pack” of cycle event signs at a special rate of £100 (to include carriage). Thirteen further affiliated clubs replenished their stock with new signage and/or race numbers. The Board of Directors see this as a further opportunity to continue with the offer in 2023. If your club needs signs please order well in advance. At peak times the manufacture and processing of signs can take several weeks. Information regarding cycle event signage/numbers can be obtained via the National Secretary at [stewart.smith@cyclingtonetrial.org.uk](mailto:stewart.smith@cyclingtonetrial.org.uk)

## ACCIDENT REPORTING

The total number of reported accidents in CTT events in 2022 was 46, versus 66 reported accidents in 2021. The number of reported accidents in 2020 was 30, in 2019 was 86, and in 2018 was 103.

It is our sad duty to report that tragically, there have been four fatalities in CTT events in 2022.

24 accidents were reported in open (Type A) events and 22 in club (Type B) events. 17 accidents took place on dual carriageways, 31 on single carriageway roads, and one accident in a closed-circuit event.

25 accidents involved a motor vehicle, either directly or indirectly, although the majority of accidents are a result of rider error or

misfortune.

It is essential that all accidents are reported to the Accident Mailbox and the appropriate District Secretary as soon as possible after the event. Should an accident occur, copies of the following documents should be retained as they may be needed by CTT’s insurers:

1. a copy of the police notification form sent to the police;
2. any letter of acknowledgement from the police;
3. the start sheet;
4. the signing on and signing off sheet;
5. the risk assessment for the course;
6. the “on the day” risk assessment;
7. any warning notice given to the competitor on the day (usually displayed alongside the signing on sheet).

Accidents should be reported using the standard CTT form. **Please use the latest version (September 2022)** of the accident report form which has been agreed with CTT’s insurers and is available from either the district secretary, a request to the Accident Mailbox or can be downloaded from the CTT website.

Accident reports should be submitted to CTT via email to: [accident.reporting@cyclingtonetrial.org.uk](mailto:accident.reporting@cyclingtonetrial.org.uk)

## Regulation 25 and Medical Control

Competitors do need to continue to be aware that they can inadvertently fall foul of the anti-doping regulations, possibly as a result of taking an “over the counter” remedy or even as a result of taking a medicine prescribed by their GP. All competitors are reminded to check with their doctor, if they are taking medication, that the use of such medication does not contravene the anti-doping regulations. Also, competitors should be aware that for certain medications a Therapeutic Use Exemption (TUE) may be applied for retrospectively.

It is very important to note that it is the individual rider’s responsibility to check if they are required for doping control. A competitor must always return to the event HQ on completion of their ride, and if required, report to doping control. Importantly, failure to report renders the individual liable to be disqualified from the event and/or further disciplinary action.

Details of banned substances can be found on the UKAD website. [www.ukad.org.uk/documents/uk-anti-doping-rules/](http://www.ukad.org.uk/documents/uk-anti-doping-rules/)

If you have a concern about doping, however small it

may seem, you can contact UKAD direct. UKAD would need to know who is involved (can include individuals or teams), what they are doing and why, how they are doping, when and where it is happening and who they are obtaining the substances from. UKAD is constantly building its picture of doping in sport and your information could be just the detail UKAD needs.

You can call UKAD anonymously 24/7 to talk to a highly trained operator who is independent from UKAD. **Call UKAD: 08000 32 23 32.**

If you'd prefer not to speak to anyone, you can also report your concerns online: [www.ukad.org.uk/what-we-do/report-doping/](http://www.ukad.org.uk/what-we-do/report-doping/)

## **DEVELOPMENT OF THE SPORT**

### **District forums**

Whilst no forums or workshops have been held during 2022, a rider survey was published in April 2022 and the results and key themes from the comments shared later in the year. Some of the outputs have been used to support motion proposals put forward to the 2022 AGM and will continue to be used to support the further development of the sport. Surveys are planned in early 2023 to our volunteer groups including Event Organisers, Timekeepers and District Officials.

## **PUBLICITY AND RACE REPORTS**

Despite the challenges of lower event numbers, Snowdowns has provided an average of 16 reports each weekend of the season. In the 2021/22 "off-season", we had a successful programme of features to keep the content fresh, providing 18 features over the 16-week closed season with a wide variety of articles. We included regular references to Spindata, promoting CTT's official ranking partners and their system, which continued into the season's previews and reports.

CTT continues to have a partnership with Kimroy photography who has attended 88 events in 2023, including all National Championships and Classic Series events to capture the images that support our media presence.

## **SOCIAL MEDIA**

Within the social media platforms, the CTT Instagram page continues to grow the most with 841 new followers over the year, an increase of 19%. Facebook has grown by 3% (326 people) and Twitter by 1.8% (102 more people). As Instagram is getting more popular we have increased the number of posts we make and have paid to promote selected National Championship reports to increase visitors to the CTT website.

## **A Note from the Interim Chair**

I became a Director at the last AGM with no prior knowledge of how the Board operated, beyond the official published documents and a decent knowledge of the Handbook, acquired over my 13 years time-trialling. On joining the only 'things' I was provided with was an email address and access to the Board Minutes of the previous meeting. Fortunately, my experience in management consultancy meant that I had often had to start at the deep end with minimal data and work from there.

I was both surprised and concerned to find how difficult it was to obtain any information to enable me to start working effectively. I was asked which sub-committee(s) I would like to join yet found that there were no terms of reference available for them. Note: this has since been corrected. I decided not to state any preferences until I knew more. I decided to spend a few days thinking about my way forward. Separately, after the retirement of Nick Sharpe, I agreed to take over responsibility for transgender issues and for our insurances.

Accurate data has been an important part of my working life. Without it, in my experience, nothing of substance can be discussed and no important decisions made. I realised that CTT had built up a style of 'data base'. If I could gain access to it, I would be able to make some tentative steps towards knowing more about the state of CTT and begin to help others understand where we were. Thus, I requested access, and discovered that it would not be as straightforward as I anticipated. I decided that if I could get a copy of the non-personal data, then I would construct a sub-set for data analysis and from that perhaps generate some management reporting.

On 6<sup>th</sup> June, I had the copy I needed and initiated my first task of creating a meaningful definition of the information we have. This was more difficult than usual, due to less data validation than I'd expected and hence a large number of free-format data items. I was told that this has been decided upon in order that event organisers not familiar with computer systems and data entry would suffer the minimum inconvenience. The resulting problems having to be sorted out later by staff. My alarm bells began to ring. Instead of getting data correct at point of first entry, our system was intended to accept these errors and they would be corrected later. OK, I am used to working with what I have, so moved forward!

After three more weeks of long hours, I produced my first version of analyses. I would now be able to show the Board the full picture of where we were on Type A event rides data and how we arrived here over several years. I was only too well aware that the data I could analyse only started in full in 2017,

yet the decline in participation was already happening by then.

Some CTT District officials and riders had been looking at rides data over a much longer time period and in particular since 2002. Adding this data helped us with our overall understanding of how the sport had performed over the past 20 years.

My special thanks to Louisa Cooper South DC for her assistance.

I presented my analysis of rides based on the database to my fellow directors at the September Board meeting. It was obvious that there had been an understanding of the deteriorating situation, yet this was the first time it had been documented, based on facts, in this way. It had become clear to me by now that the 'past' solution to the problem of diminishing numbers, had been for the Board to increase the Type A and Type B event levies by a higher rate than inflation, in order to conserve CTT revenues, without paying enough attention to expenditure. Everyone in the sport, riders, clubs, organisers and Districts were well aware that this had happened and I have to assume, accepted it. However, we had now suffered Covid-19, which had accelerated the downward spiral in ride numbers and participants.

In April 2022 I sought the Boards approval to set up an external Working Group which turned out to include riders, organisers, District officials and two other members of the CTT Board. We were very fortunate in attracting some innovative, forward thinking yet practical individuals. Over a series of many Teams (virtual) meetings, these people not only gave up their time and expertise, but also worked between meetings to formalise ideas into proposals as to how it might be possible to move the sport forward. I am extremely grateful to everyone who has been involved.

Some of the ideas discussed in the Working Group are reflected in the Proposals and discussion that are before the AGM. If accepted, they would, in my opinion, set about increasing interest in our sport, attract competitors from other arenas, help organisers and most importantly stem the fall in the number of rides. If we can succeed in stopping the deterioration, then other ideas on data-based marketing and competitions will give us the chance of moving towards increasing the ride numbers again.

I intend to continue into 2023 with the same energy, enthusiasm and engagement which I hope a number of you have been able to see during 2022.

I would urge anyone with current skills in the

areas of Advertising, Marketing, Media and/or Publicity who may have some time to spare and a willingness to help, to contact me directly at:

[andrea.parish@cyclingtimetrials.org.uk](mailto:andrea.parish@cyclingtimetrials.org.uk)

to enhance the strengths of the Working Group as we move CTT forward into the future.

Also, I encourage anyone with constructive ideas to contact me at the above email address.

Andrea Parish  
CTT Interim Chair.



Jamie Bretton



Tamsin Miller

**Acknowledgement:**

*All photographs used in this publication were supplied and taken by Brian Jones, Kimroy Photography.*

## **CTT NEWSLETTER**

Instead of publishing CTT Newsletters, we have deferred to using the CTT website to post updates, communications, features and articles as they have arisen or when needed. While the Board Bulletins did not continue in 2022, they will be reintroduced in 2023 to provide transparency and clarity re the key subject matters discussed at the CTT Board Meetings.

## **WEBSITE ENGAGEMENT/REACH**

In the six months from April 2022 to Sep 2022 the CTT Website attracted 424,861 visits, showing an average of 70,810 per month. This comprised mostly organic searches and few referrals. This demonstrates the future potential and reach of our website which is currently underdeveloped in this area. An exciting opportunity awaits, and the Board will be developing forward-looking plans in this area.

## **SPINDATA**

The partnership with Spindata has continued throughout 2022 and has been developed further as new features were launched by Spindata. Some of these exciting new features included the partnership between Spindata and MyWindsock resulting in Wimpact and course pages. The working relationship between CTT, Spindata and Snowdons has contributed to some of our news features and communications and will continue to develop into 2023, as well as liaison between CTT, Spindata and other interested parties (eg ResultsSheet) to further enhance our IT capabilities.

## **MyWindsock**

The latter half of 2022 saw CTT begin work with MyWindsock to allow for comprehensive course MyWindsock analysis by means of including all courses and will be achieved via a specially developed API between CTT and MyWindsock. This represents an exciting development for our riders and we'll be sure to keep you posted!

## **APP-BASED TIMING**

The Board established an App Based Timing review with a development budget. 7 parties approached the CTT with app in various stages of development from the drawing board to fully live applications. The working group focused on 2 - Resultsheet and Webscorer.

## **Webscorer**

This has been trialled and championed by Ian Myres (South West DC). It works and the board is seeking approval to add this application to the permitted

range of tools available within CTT. Timekeepers will need to be certificated if they want to use the app in open events. Like any new app there is a need for training and in 2023 we hope to develop a training and certification process. Pro tem, Ian has been approved to use the App in Open events.

## **ResultSheet.**

Not strictly a timing system but a cloud-based online result service developed by Brett Davis. It has a loyal and growing band of users. Martyn and Brett have enhanced the output from the App such that it produces CTT compliant results and the next stage is to enhance the CTT resting API to post results directly into the CTT's results system. Currently 50% of all results submitted to CTT require manual intervention. It is hoped that initiatives like Resultsheet will reduce this number and CTT hopes to add Resultsheet to its partner list alongside Spindata and MyWindsock.

## **EXTERNAL WORKING GROUP**

Following discussion with David Collard-Berry in April 2022, Andrea Parish, on behalf of the Board established an external working group. The remit of this group was far ranging and remains so. Its aim is specifically targeted at development of the sport across a broad spectrum of disciplines and expertise, from IT to Marketing, with a view to championing new ideas to encourage the growth of the sport. The working group is comprised of Board Directors, Event Organisers, District Reps, Riders and Spindata. This is the group's first year and next year we seek to further develop our ideas for the benefit of the sport.

## **SCHOLARSHIP**

For financial reasons, there was no scholarship scheme again in 2022, however, the scheme will continue to be reviewed annually.

## **WEBSITE ([www.ctt.org.uk](http://www.ctt.org.uk))**

The website continues to be developed and over the past year has seen the development of the club events online and the improvement of the District websites.

To access the relevant functions of the website, individuals need to register with CTT via the website. On registration, each is allocated their own unique rider number. As at 31 March 2022, the website is showing over 40,000 user registrations.

The site is "Role" based with different roles being able to perform different functions. The main roles are: rider (normal), organiser, district official and club official, each of which allows access to differing

levels of functionality. GDPR was introduced in May 2018 and significantly changed the way we all communicate. All those who register can set their own preferences.

Riders can enter or withdraw from events before the closing date for entries. All who register can maintain their own profile area, including the ability to choose what level of privacy they require. Notification of acceptance/rejection to events, as well as notification of the publication of start and result sheets, is now in place. Start and result sheets can be downloaded and printed off as a PDF, XLS or CSV document.

Organisers can manage their events, accept (after the closing date) or reject entrants, upload start and result sheets direct to the site and email entrants with a link where they can download full start and result sheets. It is also possible to email the entrants with any other information. Templates are available for start and result sheets and the template should be used unless the organiser has their own that complies with all the necessary requirements.

The website also has the facility to recognise whether a rider has entered more than one event on the same day in contravention of Regulation 11(e). An added control is that riders applying online are required to tick a box to state they agree to not entering more than one event unless it is possible to start and finish in both events. If an event is cancelled, organisers can arrange through "Admin" for entrants to receive a full or partial refund.

District users can add/amend new events, courses, course maps and clubs. Club officials can pay the club's annual affiliation and/or the advertising fee online via card payment. When payment is made online, district officials are informed of the payment by email. If a club was previously shown as having advertising, this element will need to be paid before they can be accepted. In the case of an affiliated club that renews its affiliation after the first of January, a re-joining fee of £20 applies.

Course records are being added to the website; districts now have the facility to add these and the website will update the records as the results are published.

All the district websites are live; each is linked to the main website and has a similar look to it. The districts can tailor their websites and, for instance, have a photograph of their local riders on the 'face' of the site and a 'welcome' note. District websites have the ability to draw down start and result sheets from the main website along with [relevant news stories](#). During 2022 there has been the ability to download club events to the websites and 2,948 club events

were loaded to the website with that representing 218 unique clubs. Of these there were 2,486 riders entered to these events of which 775 were unique riders. CTT online payment system was used by 690 riders representing 70 separate club events with a 'deduction of levies at source' being used.

### **Online affiliation**

Clubs have been able to pay for their affiliation fee (and advertising fee, if appropriate) via the website since 2016. This year, 1,279 clubs affiliated online, representing 84% (up from 76% last year) of those currently affiliated. Of those, 512 carried advertising via the online system representing 98% of the clubs paying for advertising.

### **Race numbers**

New sets of race numbers (1-150) have been available at a discounted price of £50 for clubs that have not previously taken advantage of this offer. The normal cost price of a set of numbers of this quality is £225. A box of 1,000 pins can also be supplied at an additional cost of £10. Three clubs purchased a set of numbers with their signs "Starter Pack". Three other club bought a set of numbers whilst updating their club signage and one club purchased a set of numbers.

The disposable Tyvek numbers were again available with 10 clubs continuing to order and use these. The numbers were sent direct from the suppliers to the buyer. The numbers are made of a recyclable Tyvek material and the supplier, Pymmenn Printing, turned the orders around with just a few days' notice. These numbers are also used for all the major CTT events.

## **CLOSED CIRCUIT EVENTS**

### **National Closed Circuit TT Championships**

I started the National Closed Circuit TT Championships 10 years ago with less than 20 riders supported by a successful run/ bike /run duathlon which I had organised at the Thruxton Motor Racing Circuit in Hampshire since 1994.

The key to the large increase of competitors was the decision to make it a National Championship and allowing riders as young as 7 years of age take part after speaking to their parents who were cyclists themselves and had experience of competition. Also, the safety of the venue being traffic free and in 2020 during the pandemic we had 413 competitors including Olympic Champions, John and Katie Archibald.

This year saw the first National Closed Circuit TT Para Cyclist Championships with the winner being Ben Hetherington Wattshop and Katie Toft Storey Racing and first hand-cyclist was Alex Brooke-Turner Dulwich Paragon. Over the years, we have added extra events for including Heritage, Road, Tandem and

4Up Team Time Trials to boost the numbers and this will continue in the next two years with the introduction of mixed relays similar to Triathlon, Swimming and Athletics. Communications with riders over the months before the event keeps people in touch with our plans for the events and a strong team of volunteers who care about the sport and are well briefed and always helpful to the riders.

Roger Wakeling  
CTT Director



Katie Toft – Closed Circuit Championships

### **Para-cycling National Championship**

Following the successful test event at the Closed Circuit Championship, there will be future Paracycling National Championship events. These will take place at the Closed Circuit Championship and times will be recorded via the CTT factoring system (used at the Merlin Cycles Classic Series) with awards being presented in line with Championship Conditions for hand-cyclists and paracyclists.

### **Croft Closed Circuit**

2022 saw the 6<sup>th</sup> series of the successful Croft closed circuit 10mile time trials expanded to 6 evenings across the Summer, plus one Sunday event in October. In all, 266 different riders competed over the series of events. Many riding the full 7 events.

To encourage greater participation and to reward the youngsters, a Northern Juvenile/Junior Championship was introduced into July's evening event. Attracting entries from across the Northeast (as far as Scottish border), Northwest and from Yorkshire, each of the 40 participants received a commemorative medal, with category winners awarded engraved plaques and age winners receiving engraved medals.

Following on from the 2021 successful trial, the Croft support team welcomed the 2022 VTTA Northern "All Comers" over 40's 10mile closed circuit championship. Despite horrendous weather conditions, 51 riders faced the timekeeper. (72 entered).

Whilst competitor numbers for the 2022 series were similar to pre-Covid level, against 2021/22 entries, they reflected the downturn experienced across the national time trial platform, however, there remains a total commitment across the support team, supported by the Croft management team, to continue with this much appreciated safe and friendly series in 2023.

Gavin Russell  
Hon. Secretary | Teesside DC



TTT – Brother UK

### National Youth (GHS) Championship

The 2022 National Youth final was held on the O10/1 and promoted by North Midlands DC, with 75 riders on the start sheet, 55 riders took part. Finlay Tarling (Flanders Color Galloo Team) and Mabli Phillips (Maindy Flyers Cycling Club) setting the fastest male and female times of 19:53 and 24:29 respectively. The winning team was the Velo Club Venta trio of Bobby Buenfeld, Oscar Hoult and Oscar Lawrence.

This year has seen an amount of confusion with riders entering the GHS – here is a reminder that “A person may enter and compete in only one District Championship: such a person shall be a member of a club affiliated to the District Council or a pupil at a school situated in the District Council in which the District Championship takes place.” All riders must be UNDER the age of 17 at the 31st August.



GHS Mabli Philips – Maindy Flyers Cycling Club



GHS Finlay Tarling – Flanders Color Galloo Team



GHS Presentation

## Electronic start and result sheets

It is evident that practically all entries to events are now via internet entry with less than 2% being through paper entry. CTT continues to encourage all organisers to adopt the electronic means.

All literature submitted to the website must still comply with Regulation 27(e) and (j) and **MUST** include the words **“Promoted for and on behalf of Cycling Time Trials under its Rules and Regulations”**. In order to comply with insurance requirements this wording must be included.

Complete copies of both the start and result sheets must be added to the website. There is a template for organisers to submit the front cover (with course details, officials, awards, local regulations, etc) of the start and result sheet or they can upload their own file to the website. This should be done before contacting the riders to let them know the start sheet or results are the website. Organisers should use the built-in email facility ‘contact entrants’ to inform riders how they can download the complete copy. A “BCC” (blind copy) option is also available so that timekeepers, officials or anyone can be added to save time on sending various emails.

A complete copy of both the start and result sheet is automatically sent to the relevant district official from the website. Copies of start and results sheets can be downloaded and printed from the website.

If start or results sheets are sent outside the ‘system’, they should be sent using the email “BCC” (blind copy) function, in order not to disclose the email addresses of other recipients and in order to comply with the requirements of data protection legislation.

Details sent to riders from the website are sent individually. **No attachments should contain personal information (eg addresses, telephone numbers, date of birth, etc).**

## CHAMPIONS NIGHT 2022

Due to concerns and uncertainty surrounding possible re-introduction of restrictions in response to the Covid-19 Omicron variant, Champions Night was regrettably cancelled again this year



National 10 Mens Team - Chapeau! Vive Le Velo  
(Adam Duggleby, Darren Yarwood, David Brearley)



National 10 Womens Team - Jadan Vive Le Velo  
(Laura Davies, Louise Scupham, Kirstie Drakeford)



National 100 Mens Team - FTP (Fulfill The Potential) Race Team (Jake Sargeant, Tim McEvoy, Jonathan Shubert)

## BEST BRITISH ALL-ROUNDER COMPETITION

A total of 37 men and 24 women have completed the appropriate distances. Twenty eight men and 22 women achieved the 22mph and 20mph standards respectively required to be awarded a certificate.

Congratulations are due to both Marcel Shubert (Darlington CC) and Kate Allan (Team Bottrill) on winning the 2022 British Best All Rounder titles. Marcel won this year's BBAR by 0.091mph from second placed Tim McEvoy. Marcel achieved times of 1:38:58 (50 miles), 3:30:56 (100 miles) and 299.14 miles (12 hour) in his 2022 campaign.

Kate recorded times of 50:32 (25 miles), 1:44:28 (50 miles) and 3:42:15 (100 miles), her average speed being 0.235mph faster than second placed Joanna Patterson (Wahoo Endurance Zone p/b Le Col).

There were no men's or women's qualifying teams.

The junior BBAR saw 12 junior men and two junior women achieve qualifying times held over two x 10 mile and two x 25 mile events. The junior men's competition was won by Patrick Casey (Team Lifting Dear Products) who achieved times of 18:47, 18:56 and 48:15, 48:55 for an average speed of 31.346mph, winning from Harris Hall (Velo Culture) with an average speed of 29.291mph.

The junior women's competition was won by Abbey Thompson (Stonham Barns Park – SYRT) with times of 24:28, 24:33 and 1:04:46, 1:05:02 for average speed of 23.797mph from second placed, Sophie Heighton (Ferryhill Whs) who recorded an average speed of 23.683mph.

## MAJOR EVENTS 2023

### Correct at time of going to press

Championship Circuit	Date	District
	11/06/2023	South West
TTT 50	18/06/2023 02/07/2023	Midland London East
100 24 hour	09/07/2023 22- 23/07/2023	East Liverpool
25 12 hour	TBC 20/08/2023	TBC London East
10	02- 03/09/2023	North East
Youth (GHS) Road Bike	10/09/2023 01/10/2023	Yorkshire West
Closed Circuit	08/10/2023	Teesside
Hill Climb	29/10/2023	North

## Merlin Cycles Classic Series

Round	Date	District
Round 1	26/03/2023	South
Round 2	07/04/2023	Manchester
Round 3	23/04/2023	Midland
Round 4	07/05/2023	Scotland
Round 5	28/05/2023	North
Round 6	11/06/2023	South West



Kate Allan – Women's BBAR 28.466mph

## THANK YOU!

The Board of CTT recognises the enormous ongoing impact of Covid-19 at the end of 2021 beginning 2022. It has been another difficult year. For all those involved with CTT, whether that be at a district level as a member of your local district committee, as an event organiser, a competitor, or whether you are one of those dedicated volunteers without whom the sport just would not be possible, we say a big "thank you".

It is acknowledged that our sport relies heavily on our volunteers and we would like to take the opportunity with this year's Annual Report to make a plea for more volunteer support, particularly in the skills of timekeeping and with marshals who are vital to the safety of our sport. It is a good experience for riders to take a turn at being a marshal for an event and play their role in giving something back to the sport in a volunteer capacity.

The Board of CTT wishes to extend their sincere thanks to everyone associated with our sport of time-trialling for their ongoing support and patience during what are extremely turbulent times – it is very much appreciated. Thank You.

## MAJOR EVENTS | RESULTS 2022

### Champion of Champions Competitions

#### Ron Kitching Trophy

By winning the 25, 50 and Circuit Christopher Fennell (The Independent Pedaler – Nopinz) took the overall honours (for the third year) from Jack Levick (Rose Race Team) with Simon Bowler (AS Test Team) in third.

1	Christopher Fennell, The Independent Pedaler – Nopinz	3
2	Jack Levick, Rose Race Team	47
3	Simon Bowler, AS Test Team	74

#### Beryl Burton Trophy

Kate Allan (Team Bottrill) took the honours by winning the 10, 50 and being runner up in the 25, from Jennifer George (The Independent Pedaler – Nopinz) and Laura Davies (Orwell Velo) who finished second and third respectively.

1	Kate Allan, Team Bottrill	4
2	Jennifer George, The Independent Pedaler – Nopinz	7
3	Laura Marsh, Orwell Velo26	26

#### Chris Boardman Trophy

By placing seventh in the National 10, sixteenth in the Closed Circuit Championships and twenty-fifth in the Hill Climb Championship, Reuben Corlett (Birkenhead North End CC) takes the overall honours

1	Reuben Corlett, Birkenhead North End CC	48
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#### Junior Girls Champion of Champions Trophy

By placing first in the 25 and Circuit and second in the 10 Abbey Thompson takes the overall honours from second placed Sophie Heighton, the only two qualifying riders.

	Abbey Thompson, Stonham	
1	Barns Park – SYRT	4
	Sophie Heighton, Ferryhill	
2	Whs	7

## Merlin Cycles Classic TT Series

Merlin Cycles continued to sponsor the Classic Series in 2022. Category winners as below:

<b>Men</b>	James Lowden
<b>Women</b>	No Qualifiers
<b>Juniors</b>	Abbey Thompson
<b>Vets on Scratch</b>	Paul Pardoe
<b>Vets on Target</b>	Malcolm Smith
<b>Vets Women</b>	No Qualifiers
<b>Paracyclist</b>	Martin Hailstone
<b>Road Bike Men</b>	Howard Heighton
<b>Road Bike Women</b>	Louisa Cooper
<b>Road Bike Juniors</b>	Sophie Heighton
<b>Team:</b>	Ferryhill Wheelers (Sophie Heighton, Caroline Heighton, Howard Heighton)



Circuit Championship - Winners

# NATIONAL CHAMPIONSHIP RESULTS 2022

## 100 Miles, 10 July, L0010, North DC

### Men

- 1 Jake Sargeant, FTP (Fulfill The Potential) Race Team 3:23:39
- 2 Tom Hutchinson, Team Bottrill 3:28:04
- 3 Alexander Royle, Manchester Bicycle club 3:30:37

**Team** FTP (Fulfill The Potential) Race Team  
(Jake Sargeant, Tim McEvoy, Jonathan Shubert)

10:31:56

### Age Awards

- |              |  |         |
|--------------|--|---------|
| 40-44        | Marcel Schubert, Darlington Cycling Club             | 3:30:39 |
| 45-49        | Douglas Watson, GTR – Return To Life p/b/ Streamline | 3:31:15 |
| <b>50-54</b> | Andrea Gallacher, SVTTA                              | 3:58:56 |
| 55-59        | Philip Kennell, GS Metro                             | 3:48:56 |
| 60-64        | Mike Kirby, Banbury Start Cyclists' Club             | 4:36:06 |
| 65-69        | David Hilditch, Ribble Valley C&RC                   | 4:52:32 |
| 70-74        | David Nicol, Ferryhill Whs                           | 4:20:38 |
| 75-79        | Mike Westmorland, Border city Whs CC                 | 4:37:21 |



National 100 Mens Podium

### Women

- 1 Joanna Patterson, Wahoo Endurance Zone p/b Le Col 3:36:31
- 2 Kate Allan, Team Bottrill 3:48:32
- 3 Rebecca Anderbury, Oxford Tri 3:48:32

**Team** No team entered

### Age Awards

- |       |  |         |
|-------|--|---------|
| 40-44 | Erica Booth, Lancashire RC                       | 4:10:06 |
| 50-54 | Rachael Maxwell, Border City Whs CC              | 4:57:24 |
| 60-64 | Theresa Taylor, Ribble Valley Crossroads Care CT | 4:50:54 |
| 65-69 | Liz Ball, Valley Striders Cycling Club           | 4:51:24 |



National 100 Womens Podium

## 12 Hour, 4 August, R12/I6, South Wales DC

### Men

- 1 Tim McEvoy, FTP (Fulfill The Potential) Race Team 304.55
- 2 Anthony Jones, VMCC Powered by Y Beic 300.95
- 3 Marcel Schubert, Darlington Cycling Club 299.14

**Team** No team finished

### Age Awards

- |       |                              |        |
|-------|------------------------------|--------|
| 40-44 | Tim McEvoy, FTP (Fulfill The | 304.55 |
|-------|------------------------------|--------|

	Potential) Race Team		
45-49	Anthony Jones, VMCC Powered by Y Beic	300.95	
50-54	Andrew Rivett, Velo Club St Raphael	282.77	
55-59	Nick Wilson, Rye & District Wheelers CC	262.12	
60-64	Martin Brown, 7Oaks Tri Club	258.63	
65-69	Bob Richards, Royal Navy & Royal Marines CA	212.26	
75-79	Alec Mayes, Ashford Whs	181.44	

### Women

1	Christina MacKenzie, Stirling Bike Club	262.22
2	Christina Murray, Army Cycling	260.32
3	Joanna Cebrat, Bury Clarion CC	258.13

**Team** No team entered

### Age Awards

40-44	Joanna Cebrat, Bury Clarion CC	258.13
45-49	Christina MacKenzie, Stirling Bike Club	262.22

### 10 Miles, 28 August, V714, Yorkshire DC Men

1	John Archibald, WattShop	17:53
2	Christopher Fennell, The Independent Pedaler – NopinZ	18:37
3	Michael Gill, Saint Piran	18:40

**Team** Chapeau! Vive Le Velo (Adam Duggleby, Darren Yarwood, David Brearley) 59:55

### Age Awards

40-44	Ashley Cox, Team Bottrill	19:00
45-49	Darren Yarwood, Chapeau! Vive Le Velo	20:00
50-54	Richard Oakes, Team	20:09

	Ohten Aveas	
55-59	James Fawcett, ...a3crg	20:25
60-64	Keith Ainsworth, Lindsey Roads Cycling Club	21:21
65-69	Steven Loraine, Legato Racing Team (LRT)	22:51
70-74	Dave Isherwood, Bury Clarion CC	23:21
75-79	Alan Gay, VTTA (Yorkshire)	27:49
80-84	John Tiffany, Harrogate Nova CC	28:22



National 10 Men's Champion – John Archibald

### Women

1	Kate Allan, Team Bottrill	21:09
2	Emily Meakin, AWOL O'Shea Worx	21:21
3	Jennifer George, The Independent Pedaler – NopinZ	21:30

**Team** Jadan Vive Le Velo (Laura Davies, Louise Scupham, Kirstie Drakeford) 1:15:03

### Age Awards

40-44	Sally Turner, trainSharp	22:21
45-49	Hannah O'Brien, Loose Cannon's Conditioning	23:15
50-54	Deborah Moss, Springfield Financial Racing Team	23:36
55-59	Elizabeth Bridgen, Ilkeston Cycle Club	25:06
60-64	Theresa Taylor, Springfield Financial Racing Team	25:43
65-69	Liz Ball, Valley Striders Cycling Club	26:14



National 10 Women's Champion – Kate Allan

Barns Park – SYRT

**Team** No team entered

**Age Awards**

13 Girl	Abbey Thompson, Stonham Barns Park – SYRT	26:13
15 Girl	Sophie Heighton, Ferryhill Whs	27:18
17 Girl	Hebe Picking, RFDA (Racescene Female Development Accademy)	25:00
18 Girl	Hermione Pickering, Jadan Vive Le Velo	30:33

**Junior Boy**

1	Patrick Casey, Team Lifting Gear Products	19:58
2	Harris Hall, Velo Culture	20:13
3	Ethan Storti, Welwyn Whs	21:21

**Team** No team entered

**Age Awards**

13 Boy	Joseph Brearley, City RC (Hull)	37:05
15 Boy	Harris Hall, Velo Culture	20:13
16 Boy	Patrick Casey, Team Lifting Gear Products	19:58
17 Boy	Reuben Corlett, Birkenhead North End CC	22:42
18 Boy	Harry Weedon, Corley Cycles RC	21:49



National 10 Junior Girls Podium

**Youth Championships (GHS), 11  
September, O10/1, North Midlands DC2  
Hour, 4 August, R12/I6, South Wales DC  
Boys**

1	Finlay Tarling, Flanders Color Galloo Team	19:53
2	Harris Hall, Velo Culture	20:44
3	Theo Anderson, Chippenham & District Wheelers	21:02

**Team** Velo Club Venta (Bobby Buenfeld,  
Oscar Hoult, Oscar Lawrence) 1:08:03

**Age Awards**

12 Boy	Theo Wan, Fenland Clarion CC	26:36
13 Boy	Luke Matthews, Wheal Velocity	23:37
14 Boy	Matthew Kent, Beeston Cycling Club	21:49
15 Boy	Finlay Tarling,	19:53



National 10 Junior Boys Podium

**Junior Girl**

1	Hebe Picking, RFDA (Racescene Female Development Academy)	25:00
2	Abbey Thompson, Stonham	26:13

	Flanders Color Galoo Team	
16 Boy	Theo Anderson, Chippenham & District Wheelers	21:02

### Girls

1	Mabli Phillips, Maindy Flyers Cycling Club	24:29
2	Ffion Hill, Towy Riders Cycle Club	24:47
3	Evelyn Field, Liverpool Century Cycling Academy	25:18

### Age Awards

12 Girl	Esmee Bone, Welwyn Whs	28:02
13 Girl	Maia Howell, Matlock CC	25:56
14 Girl	Mabli Phillips, Maindy Flyers Cycling Club	24:29
15 Girl	Ffion Hill, Towy Riders Cycle Club	24:47

### 25 Miles, 12 June, S130/25, South West DC

#### Men

1	Christopher Fennell, The Independent Pedaler – Nopinz	51:37
2	Oliver Peckover, Ribble Weldtite Pro Cycling	51:41
3	Jake Sargent, FTP (Fulfil The Potential) Race Team	52:06

**Team** Mid Devon CC (Lee Sanderson, Harry Loader, Robin Delve) 3:06:59

#### Age Awards

40-44	Paul Burton, Paceline RT	53:55
45-49	Christopher McNamara, Nuun- Sigma Sport-London R	53:08
50-54	Paul Jones, Primera- Teamjobs	57:46
55-59	Simon Bowler, AS Test Team	58:43
60-64	Wayne Osmond, Rogue Racing	1:02:08



National 25 Men's Champion - Christopher Fennell, The Independent Pedaler – Nopinz

#### Women

1	Kelly Murphy, The Independent Pedaler – Nopinz	57:32
2	Kate Allan, Team Bottrill	57:43
3	Jennifer George, The Independent Pedaler – Nopinz	58:59

**Team** Tavistock Whs CC (Hannah Worth, Kath Fletcher, Hannah Smith) 3:36:21

#### Age Awards

40-44	Sue McFarlane, Army Cycling	1:16:31
45-49	Elizabeth Williams, The Ark Cycles	1:08:12
50-54	Martina Geraghty, Penzance Wheelers CC	1:10:00
55-59	Lindsay Philp, Wadebridge Coasters Cycling Club	1:21:00
60-64	Sharon Clifford, SheHair Racing Team	1:37:52



National 25 Women's Champion - Kelly Murphy, The Independent Pedaler – Nopinz

### Junior Boy

- |   |                            |       |
|---|----------------------------|-------|
| 1 | Jacob Bush, Team Bottrill  | 52:59 |
| 2 | Callum Start, Mid Devon CC | 57:21 |
| 3 | Not awarded                |       |

**Team** Not awarded

### Age Awards

- |        |                            |         |
|--------|----------------------------|---------|
| 15 Boy | Toby Bush, Team Bottrill   | 1:00:16 |
| 17 Boy | Jacob Bush, Team Bottrill  | 52:59   |
| 18 Boy | Callum Start, Mid Devon CC | 57:21   |



National 25 Junior Boy's Champion - Jacob Bush, Team Bottrill

### Junior Girl

- |   |   |         |
|---|---|---------|
| 1 | Abbey Thompson, Stonham Barns Park – SYRT | 1:12:04 |
| 2 | Not awarded                               |         |
| 3 | Not awarded                               |         |

**Team** Not awarded

### Age Awards

- |         |   |         |
|---------|---|---------|
| 13 Girl | Abbey Thompson, Stonham Barns Park – SYRT | 1:12:04 |
| 15 Girl | Sophie Heighton, Ferryhill Whs            | 1:15:04 |



National 25 Junior Girl's Champion - Abbey Thompson, Stonham Barns Park – SYRT

### 50 Miles, 26 June, T502/1 Teesside DC

#### Men

- |   |   |         |
|---|---|---------|
| 1 | Christopher Fennell, The Independent Pedaler – Nopinz | 1:37:38 |
| 2 | Marcel Schubert, Darlington Cycling Club              | 1:38:58 |
| 3 | Jack Levick, Rose Race Team                           | 1:39:39 |

**Team** GTR - Return To Life p/b Streamline, Chris Smart, Douglas Watson, Terry Wilkinson 5:20:25

#### Age Awards

- |       |   |                          |
|-------|---|--------------------------|
| 40-44 | Marcel Schubert, Darlington Cycling Club            | 1:38:58                  |
| 45-49 | Douglas Watson, GTR - Return To Life p/b Streamline | 1:41:59                  |
| 50-54 | Andrew Gallacher, SVTTA                             | 1:49:39                  |
| 55-59 | Philip Kennell, GS Metro                            | 1:46:26                  |
| 60-64 | Nev Martin, Velo Culture                            | Nev Martin, Velo Culture |
| 65-69 | Alasdair Bruce, Yorkshire Road Club                 | 2:03:45                  |
| 70-74 | David Nichol, Ferryhill Whs                         | 2:01:40                  |
| 75-79 | Kenneth Hardcastle, Hart Evolution Race Team        | 2:21:37                  |



National 50 Championship – Mens Podium



National 50 Championship – Womens Podium

### Women

1	Kate Allan, Team Bottrill	1:44:55
2	Joanna Patterson, Wahoo Endurance Zone p/b Le Col	1:45:34
3	Jennifer George, The Independent Pedaler – Nopinz	1:50:13

**Team** Team Kirkley Cycles, Rachel Brown,  
Anna Weaver, Joanne Rea

5:58:35

### Age Awards

40-44	Joanna Cebrat, Bury Clarion CC	2:04:13
45-49	Emma Bexson, Stratford Cycling Club	2:04:20
50-54	Deborah Moss, Springfield Financial Racing Team	1:59:18
55-59	Karen Taylor, Team Sportslab	2:10:17
60-64	Theresa Taylor, Springfield Financial Racing Team	2:16:36
65-69	Liz Ball, Valley Striders Cycling Club	2:13:14

### Closed Circuit, 9 October, Thruxton South DC

#### Men

1	Christopher Fennell, The Independent Pedaler – Nopinz	22:05.91
2	Joshua Teasdale, XSpeed United Continental	22:39.03
3	Ollie Hucks, Saint Piran	22:40.42

#### Age Awards

40-44	Matthew Smith, DRAG2ZERO	22:52.98
45-49	Andy Critchlow, Norwood Paragon CC	24:04.39
50-54	Richard Brook, Velo Club Walcot	24:15.04
55-59	Neil Mackley, ...a3crg	24:23.01
60-64	Antony Brown, George Fox Cycling Solutions	25:21.81
65-69	Christopher Davis, Giant CC Halo Films	27:20.37
70-74	Robert Gilmour, Hounslow & District Whs	28:29.59
75-79	Kenneth Hardcastle, Hart Evolution Race Team	30:30.54

#### Women

1	Kate Allan, Team Bottrill	24:27.64
2	Jennifer George, The Independent Pedaler - Nopinz	24:41.04
3	Laura Davies, Jadan Vive Le Velo	25:31.80

### Age Awards

40-44	Sarah Storey, Storey Racing	25:39.77
45-49	Melanie Sneddon, TORQ Performance	27:12.53
50-54	Rebecca Pearce, Ridgeway Riders	30:46.62
55-59	Anne Loh, NAUT Cycling	28:06.96
60-64	Sarah Matthews, ...a3crg	28:58.27
65-69	Deborah Sheridan, Warwickshire Road Club	32:09.53
70-74	Arja Scarsbrook, Team Echelon	31:47.61

### Junior Boy

1	Angus Stoneham, Beaconsfield Cycling Club	23:23.08
2	Alex Franks, VC de Londres	23:34.80
3	Cormac Nisbet, High Wycombe CC	24:09.48

### Age Awards

16 Boy	Alex Franks, VC de Londres	23:34.80
17 Boy	Angus Stoneham, Beaconsfield Cycling Club	23:23.08
18 Boy	Sam Hodge, trainSharp Development Team	24:12.53

### Junior Girl

1	Peggy Simpkins, Banbury Star Cyclists' Club	28:50.40
2	Not awarded	
3	Not awarded	

### Juvenile Boy

1	Leon Atkins, Welwyn Whs	25:01.23
2	Alec Rowles, Hillingdon Slipstreamers	25:04.04
3	Bobby Buenfeld, Velo Club Venta	25:51.40

### Juvenile Girl

1	Mabli Phillips, Maindy Flyers Cycling Club	28:48.23
2	Abbey Thompson, Stonham Barns Park – SYRT	30:47.11
3	Grace Upshall, Poole Wheelers Cycling Club	31:55.24

### Age Awards

9 Boy	Henry Boyles, Banbury Star Cyclists' Club	36:52.33
12 Boy	Jack Barden-Beatty, Colchester Rovers CC	30:04.08
13 Boy	Sam Martin, Banbury Star Cyclists' Club	27:19.87
14 Boy	Leon Atkins, Welwyn Whs	25:01.23
15 Boy	Alec Rowles, Hillingdon Slipstreamers	25:04.04

### Age Awards

8 Girl	Daisy Duffield, Cwmcarn Paragon Road Club	48:45.66
9 Girl	Olivia Laing, Southport CC	44:37.32
10 Girl	Amelia Westbrook, Velo Club Venta	52:00.81
11 Girl	Jess Duffield, Cwmcarn Paragon Road Club	34:44.12
13 Girl	Abbey Thompson, Stonham Barns Park – SYRT	30:47.11
14 Girl	Mabli Phillips, Maindy Flyers Cycling Club	28:48.23
15 Girl	Sophie Heighton, Ferryhill Whs	32:17.18



Mens BBAR Champion – Marcel Schubert

## Hill Climb, 30 October, D0/604, Liverpool DC

### Men

1	Andrew Feather, HuntBikeWheels.com	05:29.54
2	Tom Bell, High North Performance	05:31.90
3	Richard Bussell, AeroCoach	05:47.84

**Team** Team Lifting Gear Products/Cycles In Motion (Patrick Clark, Kieran Wynne-Cattanach, Nicholas Latimer) 18:37.37

### Age Awards

40-44	Leon Wright, Race Hub	06:07.83
45-49	Phil Stonelake, Bristol Road Club	06:22.94
50-54	Karl Norris, 360VRT	07:19.48
55-59	Steve Thomas, Bristol Road Club	06:48.25
60-64	John Flanagan, Moonglu CC	08:03.85
65-69	Alan Old, Port Sunlight Wheelers	09:35.43
70-74	Alan Forrester, Graham Weigh Racing-Deeside Olympic	10:35.77
75-79	Huw Parry, Anglesey Cycling Group	10:51.98



National Hill Climb Men's Winner - Andrew Feather, HuntBikeWheels.com

### Women

1	Illi Gardner, Wahoo Endurance Zone p/b Le Col	06:46.54
2	Mary Wilkinson, Team BoomPods	07:09.79
3	Bithja Jones, Pankhurst Cycles	07:11.00

**Team** Wahoo Endurance Zone p/b Le Col (Illi Gardner, Frances Owen, Lizi Brooke) 22:25.76

### Age Awards

40-44	Mary Wilkinson, Team BoomPods	07:09.79
45-49	Sarah Harrison, Sheffield Triathlon Club	09:18.54
50-54	Sarah Wilkinson, Blaydon CC	08:42.75
55-59	Vikki Filsell, BellaVelo cc	09:44.93
60-64	Janet Burthem, Velo Club Melyd	09:48.60
65-69	Sally Cunliffe, Ruthin Cycling Club / Clwb Seiclo Rhuthun	11:21.58
70-74	Margaret Docking, Ruthin Cycling Club / Clwb Seiclo Rhuthun	14:21.33



National Hill Climb Women's Winner - Illi Gardner, Wahoo Endurance Zone p/b Le Col

### Junior Boy

1	Tomos Pattinson, Halesowen A&CC	06:07.60
2	Ryan Williams, Beeston Cycling Club	06:35.04
3	George Stephen, Beeston Cycling Club	06:38.61

### Age Awards

11 Boy	Finn Miller, Matlock CC	12:45.35
12 Boy	Jamie Brough, Matlock CC	10:26.67
13 Boy	Finley Hudson, Matlock CC	07:43.34
14 Boy	Harley Widdowson,	07:16.16

Clancy Briggs Cycling  
Academy

15 Boy	Harry Hudson, Matlock CC	07:04.74
16 Boy	Ryan Williams, Beeston Cycling Club	06:35.04
17 Boy	Tomos Pattinson, Halesowen A&CC	06:07.6
18 Boy	Felix Tuck, Meudon Pedal Heaven Le Col RT	06:57.19



National Hill Climb Junior Boys Winner - Tomos Pattinson, Halesowen A&CC



National Hill Climb Championships – Winners

Andrew Feather, HuntBikeWheels.com

Illi Gardner, Wahoo Endurance Zone p/b Le Col

Ellie Mitchinson (CC Ashwell)

Tomos Pattinson, Halesowen A&CC

### Junior Girl

1	Ellie Mitchinson (CC Ashwell)	08:31.86
2	Maia Howell, Matlock CC	09:12.18
3	Lilja Raine, JRC Interflon Race Team	09:28.60

### Age Awards

#### Girl

11 Girl	Aisling Charlesworth, Fibrax Wrexham RC	09:30.00
12 Girl	Eloise Ward, Lee Valley Youth CC	10:03.83
13 Girl	Abbey Thompson, Stonham Barns Park – SYRT	11:25.42
14 Girl	Maia Howell, Matlock CC	09:12.18
15 Girl	Ellie Mitchinson, CC Ashwell	08:31.86
16 Girl	Sophie Heighton, Ferryhill Whs	11:30.43
18 Girl	Lilja Raine, JRC Interflon Race Team	09:28.60

**BRITISH BEST ALL-ROUNDER COMPETITION****Men**

1	Marcel Schubert Darlington Cycling Club	27.896	10	Joanna Cebrat, Bury Clarion CC	23.846
2	Tim McEvoy FTP (Fulfil The Potential) Race Team	27.808	11	Louise Burnie, Blydon CC	23.359
3	Anthony Jones VMCC Powered by Y Beic	27.675	12	Joy Payne, High Wycombe CC	23.162
4	Toby Williams Velotik Racing Team	26.908			
5	Tom Thronely, Buxton CC/Sett Valley Cycles	26.675	1	Patrick Casey, Team Lifting Gear Products	31.346
6	Robbie Mitchell, Auchencrow Thistle CC	26.663	2	Harris Hall, Velo Culture	29.291
7	Andrew Whites, Springfield Financial Racing Team	26.439	3	James Percy, Mid Devon CC	28.495
8	Andrew Rivett Velo club St Raphael	26.311	4	Theo Anderson, Chippenham & District Wheelers	28.427
9	Lee Williams, North Hampshire RC	26.281	5	Alex Coles, Evolution Racing Academy	27.220
10	Tom Hutchinson, Team Bottrill	26.072	6	Ellis Murray, Vector Racing	25.827
11	Adam Taylor, Wigan Whs CC	25.161			
12	Christian Geldard, North Hampshire CC	24.972	1	Abbey Thompson Stoneham Barns Park – SYRT	23.797

**Junior Men****Junior Women**

2	Sophie Heighton Ferryhill Whs	23.683
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**Women**

1	Kate Allen, Team Bottrill	28.466
2	Joanna Patterson, Wahoo Endurance Zone p/b Le Col	28.231
3	Angela Carpenter, a3crg	27.391
4	Claire Emon, a3crg	25.460
5	Pip Jenkins, I904RT	24.452
6	Emma O'Toole NopinZ Motip Race Team	24.376
7	Jasmine Holmes University of Manchester	24.7272
8	Christina Murray, Army Cycling	24.230
9	Lisa Davis, DRAG2ZERO	24.198

## COMPETITION RECORDS

07/10/2022	Women, 100 miles, Bicycle	Joanna Patterson	Wahoo Endurance p/b Le Col	3:36:31
09/10/2022	Juvenile men, 10 miles, Bicycles	Finlay Tarling	Flanders Color Galloo Team	18:15



**CYCLING TIME TRIALS  
INCOME AND EXPENDITURE ACCOUNT  
FOR THE YEAR ENDED 31 MARCH 2022**

	<b>2022</b>		<b>2021</b>	
	£	£	£	£
<b>Income</b>				
Subscriptions		67,904		62,511
Levies		267,444		88,421
Open and Championship Levies				
Club		193,470		75,270
Investment income		-		154
Handbook				
Costs				
Printing		6,006		-
Postage		209		59
Production		150		-
		<u>6,365</u>		<u>59</u>
Sales		<u>6,573</u>		<u>231</u>
Surplus		208		172
Online charges		14,128		2,715
Donations received		517		3,610
<b>TOTAL</b>		<b><u>543,671</u></b>		<b><u>232,853</u></b>
<b>Expenditure</b>				
National administration expenses:-				
Salaries, honoraria including furlough		165,136	150,336	
Administration costs		30,497	29,693	
Advertising and publicity		25,841	13,149	
National Council – printing		3,556	3,434	
National Council – travel and accommodation		20,181	-	
Board of Directors – travel and accommodation		15,338	3,552	
Web maintenance and web entry expenses		<u>18,460</u>	<u>25,010</u>	
		<b>279,009</b>		225,174
Repairs and maintenance		1,561		2,804
District Council expenses		3,433		2,545
Competition and championship expenses:-				
National championship expenses		8,633	8,649	
Medals and trophies		20,210	6,313	
Competition secretary costs allocated		8,000	10,000	
Time trial series		2,260	-	
Race numbers		645	1,155	
Champions night		-	-	
		<b>39,748</b>		26,117
Other expenses:-				
Insurance		50,864	40,933	
Audit fees		4,464	4,503	
Professional fees		4,500	-	
Warning signs and safety vests		516	938	
Depreciation		2,567	3,423	
Corporation tax		-	<u>29</u>	
		<b><u>62,911</u></b>		<b><u>49,826</u></b>
Total expenditure		<b>386,662</b>		306,466
Excess/(deficit) of income over expenditure		<b><u>157,009</u></b>		<b><u>(73,613)</u></b>

**CYCLING TIME TRIALS**  
**BALANCE SHEET AS AT 31 MARCH 2022**

	2022	2021
	£	£
<b>Fixed Assets</b>		
Motor Vehicle	27,348	27,348
<b>Less</b>		
Depreciation	<u>(19,646)</u>	<u>(17,079)</u>
Book value	7,702	10,269
<b>Current Assets</b>		
Stocks	11,290	12,199
Debtors etc	30,226	26,537
Cash at bank and in hand	171,376	69,337
Cash invested on deposit	238,522	231,620
Cash at Districts	<u>3,578</u>	<u>2,725</u>
	454,992	342,418
<b>Current Liabilities</b>		
Creditors and accruals	<u>64,183</u>	<u>111,185</u>
	64,183	111,185
<b>Net Current Assets</b>	<b><u>390,809</u></b>	<b><u>231,233</u></b>
<b>TOTAL ASSETS</b>	<b><u>398,511</u></b>	<b><u>241,502</u></b>
<b>Reserves</b>		
Other reserves	157,855	157,855
Profit and loss account	<u>240,656</u>	<u>83,647</u>
<b>TOTAL</b>	<b><u>398,511</u></b>	<b><u>241,502</u></b>

**INDEPENDENT AUDITOR'S STATEMENT TO THE MEMBERS OF CYCLING TIME TRIALS LIMITED**

We have examined the Summary Financial Statement of Cycling Time Trials Limited for the year ended 31 March 2022.

**Respective responsibilities of the directors and the auditor**

The directors are responsible for preparing the Summary Financial Statement in accordance with applicable United Kingdom law. Our responsibility is to report to you our opinion on the consistency of the Summary Financial Statement with the full annual financial statements. We also read the other information contained in the Summary Financial Statement and consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the Summary Financial Statement.

**Basis of opinion**

We conducted our work in accordance with Bulletin 2008/3 'The auditor's statement on the summary financial statement in the United Kingdom' issued by the Auditing Practices Board. Our report on the full financial statements describes the basis of our audit opinion on those financial statements.

**Opinion on summary financial statement**

In our opinion the Summary Financial Statement is consistent with the full financial statements of Cycling Time Trials Limited for the year ended 31 March 2022.

DJH Mitten Clarke, Festival Way, Stoke-On-Trent, Staffordshire. ST1 5SQ



**Chair:**  
**Andrea Parish**

**National Legal Adviser:**  
**David Guy**

**NOTE:**

Copies of the agenda are being sent to the secretary of each affiliated club. If the recipient is not now the secretary of the club it is requested that these be forwarded promptly to the new secretary who should notify the National Secretary (Competitions & Development) of the change of secretary to keep the Company's records up-to-date.

CYCLING TIME TRIALS IS A COMPANY LIMITED BY GUARANTEE REGISTERED IN ENGLAND No: 4413282  
Registered Address: C/O DJH Mitten Clarke Limited, Festival Way, Festival Park, Stoke on Trent, Staffordshire.  
ST1 5SQ



**2022  
AGENDA**

For a meeting of the National Council to be held at  
**STAVERTON PARK HOTEL & GOLF CLUB, DAVENTRY RD,  
DAVENTRY,  
NORTHAMPTONSHIRE, NN11 6JT**  
On Sunday 04 December 2022 at 09.30 am

Registration: 09.00 am

**Chair:  
ANDREA PARISH**

**National Legal Adviser:  
DAVID GUY**

**SPECIAL NOTE:**

Copies of this agenda are being sent to each affiliated club. If the recipient is not now the Hon. Secretary of the club, it is requested that these are forwarded promptly to the new Secretary who should notify the National Secretary (Competitions & Development) of the change of Secretary so as to keep the Company's records up to date.

Delegates are entitled to vote by proxy in accordance with Articles of Association 21 and 22. Article 21.1 (d) requires proxy notices to be delivered 48 hours before the time for holding the meeting. That is 9.30 am on Friday 2 December 2022. Such notices may be sent by email to the National Legal Adviser at [David.Guy@cyclingt看metrials.org.uk](mailto:David.Guy@cyclingt看metrials.org.uk).

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4413282

Registered Address: C/O DJH Mitten Clarke Limited, Festival Way, Festival Park, Stoke on Trent,  
Staffordshire. ST1 5SQ

Votes	
For	Against

# AGENDA

Item  
Number

1. To confirm the minutes of the National Council meeting effectively held on 05 December 2021
2. To adopt the report of the Board of Directors
3. To receive, and if thought fit, adopt any further report of the Board of Directors that it may not be possible to circulate within the time laid down in Standing Orders
4. To adopt the Balance Sheet and Statement of Accounts for the period 1 April 2020 to 31 March 2021
5. Election of Officers:
  - a) To elect directors (including any retiring by rotation) under Article 12.1(c)  
 The directors due to retire by rotation are:
 

David Barry	Midland DC
Robin Field	South Wales DC
Roger Wakeling	Teesside DC

There are three persons who have been nominated for appointment as a director in accordance with Article 32.4(b):

Martin Balk	South DC
Steve Burrows	Yorkshire DC
Sheila Hardy	Midland DC

There will be four vacant positions to be filled (to include those vacancies that arise due to directors retiring by rotation).

*A resume prepared by each of the above named will accompany this agenda.*

- b) To elect a Chairperson of the Company under Article 12.1(d)  
*This Board's recommendation is Andrea Parish.*
- c) To appoint auditors under Article 12.1(e)
- d) To elect an Appeals Panel of six members, and to fill any other vacancies on the panel that may have arisen during the year, under Article 12.1(f).  
 The six retiring members are:
 

*Nick Dunkley	East DC
*Rachael Elliot	London West DC
*Phil Heaton	Manchester DC
*John Longbottom	South East DC
Peter McGrath	North East DC
*Chris Worsfold	London East DC

Those marked with an asterisk have confirmed they are willing to stand

Votes	
	For Against

for re-election.

- 6. By the Board of Directors  
**Article 7** (page 57 of 2022 Handbook)  
 By special resolution  
 Reword Article 7 thus:

**7. SUBSCRIPTIONS AND FEES**

7.1 The annual subscription payable by each affiliated club shall be fixed by the Board at such amount as the National Council shall from time to time decide by special resolution. Such subscription shall be paid either to the District Treasurer of the District Council through which the club is affiliated or directly to the National Treasurer should the club affiliate online via the CTT website. The annual fee applicable to members of the Headquarters' Club shall be fixed in accordance with Article 6.2.

7.2 In addition to the annual subscription, an affiliated club whose club members:  
 (a) carry advertising on their race clothing; and/or  
 (b) have the name of a commercial product, commercial internet address, business or the name of a company, whether or not for profit, included in their club title; shall forward to either the District Treasurer or National Treasurer (should the club affiliate online via the CTT website) an annual advertising fee of such amount as is fixed by the Board.

7.3 The subscriptions and advertising fees are due on 1st October in respect of the ensuing year. Affiliated clubs shall be deemed to have resigned from the Company if the subscription is unpaid on 31st December. Such clubs upon re-applying for affiliation to the Company before 1st October of the following year shall pay a re-joining fee as fixed from time to time by the Board in addition to the annual subscription. An affiliated club may change its status to enable its members to carry advertising at any time during the year if it pays the advertising fee to either the District Treasurer or National Treasurer (should the club affiliate online via the CTT website) in which case the full advertising fee is payable irrespective of the period remaining of that year.

**Explanatory Note**

The current club affiliation fees were set in 2006 since when they fees have been overtaken by inflation.

- 7. By the Board of Directors  
**Article 7** (page 57 of 2022 Handbook)  
 By special resolution  
 Reword Article 7 thus:

**7. SUBSCRIPTIONS AND FEES**

7.1 The annual subscription payable by each affiliated club shall be £50 +VAT or such amount as the National Council shall from time to time decide by special resolution. Such subscription shall be paid either to the District Treasurer of the District Council through which the club is affiliated or directly to the National Treasurer should the club affiliate online via the CTT website. The annual fee applicable to members of the Headquarters' Club shall be fixed in accordance with Article 6.2.

7.2 In addition to the annual subscription, an affiliated club whose club members:  
 (a) carry advertising on their race clothing; and/or  
 (b) have the name of a commercial product, commercial internet address, business or the name of a company, whether or not for profit, included in their club title; shall forward to either the District Treasurer or National Treasurer (should the club affiliate online via the CTT website) an annual advertising fee of such amount as is fixed

by the Board.

7.3 The subscriptions and advertising fees are due on 1st October in respect of the ensuing year. Affiliated clubs shall be deemed to have resigned from the Company if the subscription is unpaid on 31st December. Such clubs upon re-applying for affiliation to the Company before 1st October of the following year shall pay a re-joining fee of £40 in addition to the annual subscription. An affiliated club may change its status to enable its members to carry advertising at any time during the year if it pays the advertising fee to either the District Treasurer or National Treasurer (should the club affiliate online via the CTT website) in which case the full advertising fee is payable irrespective of the period remaining of that year.

*Footnote: The current annual advertising fee is £50 +VAT.*

**Explanatory Note**

The current fees were set in 2006 since when inflation would bring the figures up to something just above those proposed. CTT income is declining due to the number of rides declining and thus the reserves are dwindling. It is felt raising the only other source of income, the levies, may be counterproductive.

*Note: If Proposal 6 is successful this Proposal will be withdrawn.*

8. By South West DC

**Regulation 32** (page 65 of 2022 Handbook)

**APPOINTMENT AND ROTATION OF DIRECTORS AND APPOINTMENT OF COMPANY SECRETARY**

Append to Article 32.1 the following text:

"From 1 January 2023, the appointment of directors to the Board shall be such that it does not permit there to be more than one person from any District as directors retire by rotation after this date. The remainder of Article 32 is subservient to this proviso."

Rationale: We feel that it is not in the best interest of the sport to have the control of the sport vested in directors from too few districts and wish to see an orderly transition to wider representation after the 2022 National Council AGM.

**Board's comments on South West DC proposal**

The Board expressed support for the idea of diversity of Board members but noted that:-

- a. election is by the AGM and can only be from those willing to serve. There are 21 districts and 11 Board places so it necessarily means some districts do not "have" a director in any one year,
- b. it would be very hard to devise a form of words which could achieve this, for example by rendering some District members ineligible depending on what had happened in previous years,
- c. such words would need a two thirds approval as a change in the Articles,
- d. it is imperative that the best candidates are selected irrespective of which District they are members of.

9. By the Board of Directors

**Regulation 10 (Gender Categories)** (Page 339 of 2022 Handbook)

"The Board shall have power to amend the policy of the Company set out in the table below and to fix a date when such amended policy will come into effect, which may be immediate. The Board will notify District Secretaries within 7 days of any such Board

resolution and publicise any such amended policy on its website as soon as possible after the passing of any such resolution by the Board. This power is subject to the Members Reserve Power in Article 34 of the Articles of Association (special resolution of Company to direct the Board to take or refrain from taking, specified action).”

**Explanatory Note**

In the light of the recent well publicised decisions of British Cycling and UCI as to the requirements for a transgender cyclist to be permitted to compete and the potential need for a revision and/or a decision on eligibility to be made at short notice the Board believes it should have this power as it may be impracticable to arrange a meeting of the National Council quickly enough. In this sensitive and controversial area the Board believes it may be imperative to act swiftly to implement changes in our policies to bring them into line with those of other National Governing Bodies.

10. By Liverpool DC

**Change of Regulation 14(h) Competitor’s Machine** (page 341 of 2022 Handbook)

We propose an amendment to Regulation 14(h) to read: “The use of ~~recumbent machines~~, protective shields or windbreaks is prohibited” and removal of the associated footnote.

**Explanatory Note**

**Inclusiveness of the Sport**

The prohibition of recumbent machines is at least indirectly discriminatory and potentially directly discriminatory under The Equality Act 2010 towards disabled riders, and riders whose balance has been affected by e.g. Strokes or Parkinson’s disease; and who can only ride this style of machine as a result. They currently have to apply to The Board for special dispensation to prove they can only ride this form of bike, placing a barrier to entry to a sport which should be promoting inclusiveness. Recumbent styles, like tandems should not compete directly with solo ‘standard’ bikes but form their own category. A subsequent addition would be required to the footnote of Regulation 16 to show that race numbers for recumbent riders must be attached to the back of the seat as high as practicable.

**Board’s comments on Liverpool DC proposal**

The Board expressed support for the idea of inclusivity of the Sport but noted that:-

- a. the use of recumbent machines may not be suitable for all courses. The removal of “recumbent machines” as expressed above would by default, mean that all courses are suitable for such machines,
- b. in that event, every course in every District, would require an updated Risk Assessment to ascertain the safety of recumbent machines on that course,
- c. where courses are deemed to be unsuitable, local regulations would need to be applied,
- d. it would be very difficult to achieve this, and the Board believe this may be an unworkable solution,
- e. there may be Insurance implications to CTT, see item (a).

11. By the Board of Directors

**Regulation 14 Competitor’s Machine** (Page 341 of 2022 Handbook)

New section in Regulation 14 e-bikes. Renumber subsequent sections appropriately.

“The use of machines containing additional power sources (electric, electronic, mechanical, or otherwise) is prohibited”.

12. By Yorkshire DC

**Regulation 14 sections (i) and (j) Competitor’s Machine (1)** (Page 341 of 2022 Handbook)

In each section delete the final period and add to each section the words “, the exception being that if a time trial (Type A or B) is held on closed roads, this is optional for the rider and not compulsory.”

13. By Yorkshire DC

**Regulation 14 sections (i) and (j) Competitor’s Machine (2)** (Page 341 of 2022 Handbook)

In each section delete the final period and add to each section the words “, the exception being that if a hill-climb (Type A or B) is held on closed roads, this is optional for the rider and not compulsory.”

*Note: this Proposal will be withdrawn if Proposal 12 is successful.*

14. By South DC

**Regulation 14 Competitor’s Machine** (Page 341 of 2022 Handbook)

Add the following:

**ROAD BIKE CRITERIA**

**Proposed rules**

- The road bike should possess 'drop' handlebars.
- No tri bars, clip on bars or Spinaci bars are allowed.
- No disc wheels.
- Both front and rear wheels must have a minimum of 12 spokes each.
- The maximum rim depth on all wheels is 90mm.
- Riders must not ride with their forearms resting on the handlebars at any time (commonly referred to as “puppy paws”).
- Hands must be in contact with the surfaces of the handlebars and/or the brake/shifter hoods.
- Helmets that cover the ears or use a visor are not allowed and should possess a minimum of six vents.

**Explanatory note**

The road bike has been developing in many events as a defined racing class and sees events in their own right. However, there has been a variety of interpretations or descriptions of the class in various open road bike events that often are not seen until the start sheet is published which is inconvenient, inconsistent and could prevent the competitors using certain road racing wheels that they may use in other road competition. As a result, (as per current) TT machines, it would make sense to formally provide a universal set of simple regulations of what a road bike class is to provide clarity to both organisers and competitors and to align wheel depth with those used for other forms of competitive road cycling by other governing bodies (UCI, British Cycling & BTA) so that CTT can maximise the opportunities for crossover by their competitors

15. By the Board of Directors

**Regulation 26 Limitation of Entries** (Page 344 of 2022 Handbook)

**DELETE THE FIRST PARAGRAPH**

**REPLACE WITH:**

‘Except for RTTC Championships, where selection is based solely on fastest performance at this distance during the current and past three seasons, selection by Guaranteed Entry (GE) is permissible providing that:

i. The entry fee is non-refundable except in the event of cancellation(s) prior to the closing date

ii. The number of entries thus accepted must not exceed 30

iii. Guaranteed entries will be on a first come first serve basis. Entries not meeting the above criteria will join all other entries and be selected by fastest on performance at the relevant distance during current and past three seasons at the Closing Date for entries. If the event is oversubscribed at the Closing date (after all Guaranteed Entries have been included) selection will be by fastest on performance at the relevant distance during current and past three seasons: other excess entries shall be made at the Organiser’s absolute discretion once all entries with a qualifying performance are included

Organisers promoting events accepting Guaranteed Entry will be shown as GE in the CTT handbook.’

**Continue points (a) to (e).**

**Explanatory Note**

A means of attracting new riders and those recovering from Covid who do not have a ‘fastest’ time. This is intended as a means of allowing riders and/or competitors to plan their season and enter events, on a guaranteed basis, knowing they will have a ride. This is compatible with other sports.

This allows Organisers a guaranteed entry with a non-refundable fee. Organisers will know in advance whether some, or all, of their event costs might be met.

16. By London South DC

**Regulation 27(f) Duties of Event Secretaries** (Page 346 of 2022 Handbook)

**Add the following text** “Clear and visible signs are to be placed at such points on the course as to advise other road users that there is a cycle event taking place. The signs should be of sufficient size as to be seen from a reasonable distance by road users approaching the race route from all directions; a minimum size of 600mm x 800mm is recommended for dual carriageways and 480mm x 600mm for single carriageways. Signs should be printed on a white or yellow background with black writing indicating “Cycle Event” and should be placed in accordance with the relevant course risk assessment. Course Risk Assessments should include the requirement for placement of ‘Cycle Event’ signs to ensure that motorists are reminded that an event is taking place at regular intervals of not more than five (5) miles.”

**Explanatory Note**

We have become aware in some events of a notable paucity of ‘Cycle Event’ warning signs, even though events are strictly compliant with the Risk Assessment. Also, it is felt that some of the signs used are not readily seen by motorists travelling at speed due to their size. There is a particular issue when courses continue on a main road for some considerable distance and as such signage is not required by the RA. Regular

placement of such signs is aimed to raise motorist awareness of the event taking place and hence improve rider safety

**Board’s comment re: London South DC proposal**

The supports the idea in principle but not in practice for the following reasons:

- The recommended sign sizes are already described in Guidance Notes,
- The reference to intervals is prescriptive and best dealt with in Guidance Notes as it may not be possible on clearways to comply with this suggested Regulation as written,
- Districts already have the power to suggest additional signage at any location along a course, based upon local conditions, as part of the risk assessment process.

17. By London South DC

**Regulation 27(j)(viii) Duties of Event Secretaries** (Page 347 2022 Handbook)

**Add the following text** “Results by male and female riders to be listed separately.”

**Explanatory note**

At a group level, female endurance athletes are approximately 10-15% slower than their male counter parts. This is mostly due to physical developments that occur during puberty. Because of this, it’s important to create and retain separate categories for women and men in our sport. This will ensure women have a fair and equal opportunity to compete on a level playing field. Mixing the sexes on the results lists has significant consequences, as women will never receive the recognition/acknowledgement they deserve.

This basic differentiation is respected in other sports (e.g., triathlon, running, etc.), where results lists are separated for women and men. This has a direct impact on women’s and girls’ participation in our sport but could be positively changed if we encourage and motivate women’s and girls’ participation. Acknowledging their efforts in separate results lists seems like a very basic step to take (with no negative effects at all).

**Board’s comment re: London South DC proposal**

The Board supports the idea in principle and notes the following:

- If passed, CTT could not deliver this in time for the 2023 season but will commit to making changes to the results presentation as time and cost constraints allow;
- The Board is mindful that any IT solution is well considered and future-proofed,
- Spindata is the CTT Official Ranking System and allows multiple filters to display results as detailed in this proposal.

18. By North East DC

**PROPOSAL FOR CTT NATIONAL AGM**

**Motion Proposal**

To divorce the AGM Governance from the Articles, Rules and Regulations discussions and management. To facilitate this, create a council/committee with delegate(s) from each District to sit on the council and consider, propose and manage Article, Rules and Regulation changes on behalf of CTT. This would free up the AGM to just being about

Votes For	Against

the governance and development of the sport, bringing CTT in line with the practice of the majority of other sports.

**Background**

CTT Articles, Rules and Regulations changes/improvements are proposed prior to and submitted for the AGM. They are then reviewed by delegates from clubs in each District prior to the AGM in order to get the views of the Districts prior to the AGM. They are then debated at length within the AGM and voted on by the delegates from the Districts. This means the AGM takes a full day (9am to 4pm) and the rules of the sport are determined by opinion rather than what is safe, fair or inclusive. By having a “rules council”, the delegates could work on what is best for the good of the sport without worrying about whether it will “get through” an AGM vote. The rules could still be changed once a year, but proposed rule changes submitted at any time for consideration and where it is urgent and beneficial for reasons of safety, fairness or inclusivity for rule changes to be applied, this could be expedited without the need to wait for an annual process that is subjective and opinion-based. The Chair of the council would be accountable to the CTT National Board.

**Benefits**

Divorcing the rule changes from the AGM would mean the AGM could be reduced to a timescale of c.60-90 min duration  
 The AGM could be conducted virtually and remotely, thus saving CTT significant amounts of money  
 The rules council could determine the need to meet virtually or in person  
 Time saved at the AGM can then be utilised for more productive discussions around governance, strategy, and development.  
 As well as the cost saving to CTT, there is a positive environmental impact to not having c.80 delegates travelling to a pre-determined location when alternative options exist (i.e. virtual meeting)

**Board’s comment re: North East DC proposal to “divorce AGM Governance from the Articles, Rules and Regulations discussions” and for the creation of a “Rules Council”.**

The Board supports this idea and would like an indicative indication from the AGM as to whether it should be pursued.

This is because the Board considers it would make AGM’s, and the Board pre AGM meeting, shorter and better able to focus on the most important issues rather than drafting points or detailed points of practice. However, as this idea would itself obviously require a detailed set of amendments to the constitutional documents of the CTT, it would be necessary to do much work preparing these for submission for General meeting approval.

The Board believes the time savings for future Board meetings and AGMs would be considerable if a small committee (say 5 members), who can meet as often as needed, and **consider all rule changes before they are discussed by the full Board or the AGM.** They could discuss them with the proposer, obtain evidence and clarification and ensure that all the pros and cons are carefully considered first and rephrase them to be consistent with other rules.

**The Board therefore has resolved,** that if the AGM gives an indication that the North East Proposal should be pursued it will immediately create a Board sub-committee “the rules panel” with the following terms of reference:-

1. To make detailed proposals for changes to the constitutional documents of the CTT to establish a “rules council”
2. To consult with Districts before doing so as to their views with the intention of approving such changes in mid 2023 at a Special General meeting of CTT

Votes For Against

(conducted remotely), so that any agreed changes could be in use for the 2023 AGM.

As the Board has already been advised by its legal advisor, David Guy, that it should review the use of a two thirds majority for decisions generally concerning Articles, Rules and Regulations – which includes Notes and Standing Orders, there will be a further term of reference:-

3. review the use of a two thirds majority for decisions generally in particular concerning Rules and Regulations – which in the Articles is defined to include Notes and Standing Orders.

The Board also considers that some of the current proposals on the AGM agenda could usefully be subject to further scrutiny by a small drafting committee, so there will be an additional term of reference for the panel:-

4. to consider any proposals referred to it by the AGM as a result of lack of time or otherwise. The panel will only be able to make recommendations to the Board and will consult the relevant District before recommending that one of its proposals is not implemented.

Further the Board has agreed the rules panel will consist of no more than 5 persons (3 from Districts and 2 from the Board). Our legal advisor, David Guy has offered to act as convenor/secretary without fee. Volunteers will be called for at the AGM and the Board will appoint the members (not to include the Chair of CTT) from such volunteers so that it can commence work in January.

19. By South DC  
**The RTTC British Best All-Rounder Competition Conditions** (Page 223 of 2022 Handbook)

**Change point 2:**

**2:** The competition shall be open to members of Headquarters Club and to all members of clubs affiliated to Cycling Time Trials. All competitors must have been resident in Great Britain for the previous two years or have proven British nationality. The competitions shall be based upon each rider’s fastest single bicycle or tricycle performance during the season in eligible events at 10, 25, 50 & 100 miles for both the men’s & women’s competitions, such performances to be calculated (to three decimal places) in terms of miles per hour and the average taken of the resultant speeds.

**Change point 6:**

**Point 6:** Events promoted on a closed circuit that is not recognised as a velodrome shall be eligible.

**In summary**

- Remove the 12-hour event from the Men’s Competition.
- Add a 25-mile event to the Men’s competition
- Add a 10-mile event to both the Men’s & Women’s Competitions
- Thus, both the Men’s & Women’s Competitions will be equal & consist of four distances, 10-miles, 25-miles, 50-miles & 100-miles

**Explanatory Note**

Only a very small portion of male riders compete now for the BBAR, removing the 12-hour event “may” create a greater interest in the competition & hopefully increasing numbers, making it a competitive competition. It will also reduce the burden on clubs

of “having to run a 12-hour event” especially where they have a diminishing number of volunteers.

Adding a fourth distance (10 miles) will complete the four popular distances, therefore making a “best all-rounder” competition. When the competition was first set by “Cycling Weekly” a 10-mile event wasn’t seen as a “men’s event”, the National Ten Mile Championship for men has only been run since 1994, 50 years after the 25, 50 & 100-mile championships were introduced.

**Changes to point 6 reference closed circuits.** With the introduction & popularity of events on “closed circuits” they should not be excluded from the BBAR. Considering the circuit length, in recent years a few “motor circuits” have been reduced in length but they still possess a challenge (Mallory Park 1.35-miles 16 turns). However, the use of a track recognised as a velodrome should not be permitted.

**Board’s comment re: South DC proposal to change RTTC British Best All-Rounder Competition Conditions**

The Board supports this idea and invites an indicative vote with detailed changes to be proposed for 2024 if passed.

20. By the Board of Directors  
**Regulation 39(a) Approved Watches and Timers** (Page 350 of 2022 Handbook)  
Replace (a) with:  
a) An electronic timer that has a quartz oscillator of an approved type as detailed in Guidance Note GN7.

**Explanatory Note**

Most (all) stopwatches pass certification. The current certification process does not guarantee that watches keep time. The CTT needs to recognise current custom and practice whereby Timekeepers effectively self-certify their watches when they change the battery. The current system is overly bureaucratic, time consuming and stifles innovation. Worse still the financial risk associated with purchasing watches falls on the Watch Certifiers. If passed Guidance Note 7 will be reviewed and reissued.

21. By the Board of Directors  
**Regulation 39(c) Approved Watches and Timers** (Page 350 of 2022 Handbook)  
Amend Regulation 39(c)  
Insert new sentence:  
“Details of approved Electronic Timing Systems or Suppliers is recorded in guidance note GN7.”

**Explanatory Note**

We need to formally record the approved supplier (firms) and Apps (Webscorer). Plus, who is approved to use approved apps needs to be managed by a new process whereby a timekeeper can only use an App if they have proved their competency by completing and passing a training course. This will be a new process and best managed outside of regulations. If passed Guidance Note 7 will be reviewed and reissued

Votes	
For	Against

Votes	
For	Against

22. Proposed by the Board of Directors

**Amend Article 5.1**

Replace: National Secretary (Legal and Corporate) in 4th Sentence with Chair.

**Explanatory Note:** The post of National Secretary Legal and Corporate no longer exists. The company will always need a Chair for legal reasons so this change has the maximum longevity. The intent is not changed.

23. Special Resolution (Change to articles requiring 75% acceptance).

Proposed by the Board of Directors

**Amend Article 5.4**

Replace: National Secretary (Legal and Corporate) in 2nd Sentence with Chair.

**Explanatory note:** The post of National Secretary Legal and Corporate no longer exists. The company will always need a Chair for legal reasons so this change has the maximum longevity. The intent is not changed.

**END**

## ADDENDUM

### NATIONAL CHAMPIONSHIPS 2022

#### Road Bike Championships, 20 March, A25/34, Central DC

##### Men

1	Phil Williams, Team Bottrill	52:34
2	Alex Pritchard, WattShop	53:31
3	Ian Hope, Team Solo Vinci	53:36

**Team** Not awarded

##### Age Groups

<b>40-44</b>	Damon Payne, Royal Navy & Royal Marines CA	59:40
<b>45-49</b>	Ian Hope, Team Solo Vinci	53:36
<b>50-54</b>	Ian Holbrook, Stone Wheelers CC	57:21
<b>55-59</b>	Steve Gibson, Peak Road Club	57:35
<b>60-64</b>	Nick Giles, Pocomotion Road Club	59:11
<b>65-69</b>	Mervyn Sperry, Coalville Whs	1:15:33
<b>70-74</b>	Mick Stevens, Melton Olympic CC	1:04:59
<b>75-79</b>	John J Murphy, Gloucester City Cycling Club	1:29:11

##### Women

1	Tamsin Miller, Bianchi HUNT Morvélo	1:00:17
2	Alice Lethbridge, DRAG2ZERO	1:02:41
3	Naomi De Pennington, Banbury Star Cyclists' Club	1:03:12

**Team** Not awarded

##### Age Awards

<b>40-44</b>	Naomi De	1:03:12
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Pennington, Banbury Star Cyclists' Club Kimberley	1:05:48
Burrows, Onyx RT Elizabeth Bridgen, Ilkeston Cycle Club	1:13:57
Alison Fox, Ely & District CC/B&T Motor Repairs	1:10:48
Judy Brown, Newmarket Cycling & Triathlon Club	1:11:14
	1:28:05

**45-49**

**50-54**

**55-59**

**60-64**

**70-74**

##### Junior Boys

1	Jamie Bretton, Stonham Barns Park – SYRT	1:03:50
2	Not awarded	
3	Not awarded	

##### Junior Girls

1	Sophie Heighton, Ferryhill Whs	1:12:20
2	Not awarded	
3	Not awarded	

##### Age Awards

16 Boy	Jamie Bretton, Stonham Barns Park – SYRT	1:03:50
15 Girl	Sophie Heighton, Ferryhill Whs	1:12:20

#### Team Time Trial, 22 May, AS/9, Central DC

##### Mens Team

1	AeroLab Ward WheelZ, Tom Ward, William Perrett, Rob Walker	49:24
2	Ribble Weldtite Pro Cycling, Zeb Kyffin, Oliver Peckover, Simon Wilson	50:03
3	Saint Piran, Ollie Hucks, Ross	50:33

	Holland, Michael Gill	
<b>Womens Team</b>	Brother UK - Team OnForm, Jess Carridge, Daisy Barnes, Laura Pittard	1:00:26

	Bedfordshire Road RT	
<b>50-54</b>	Richard Oakes, Team Ohten Aveas	1:00:34
<b>55-59</b>	Malcolm Smith, Peterborough CC	1:04:38
<b>60-64</b>	Mark Sanders, Mid Devon CC	1:08:24
<b>70-74</b>	Robert Gilmour, Hounslow & District Whs	1:21:21

#### 24 Hours, 23 July, D24hr, Liverpool DC

<b>Men</b>		
<b>1</b>	Nick Tarmey, Velo Club Venta	516.56
<b>2</b>	Doug Hart, Ilkley CC	475.52
<b>3</b>	Charlie Stewart, HuntBikeWheels.com	472.15
<b>Team</b>	Fibrax Wrexham RC (Ben Goodwin, Ben Cox, Roger Squire)	1229.70

<b>Women</b>		
<b>1</b>	Jennifer George, The Independent Pedaler – Nopinz	1:06:12
<b>2</b>	Laura Davies, Orwell Velo	1:08:37
<b>3</b>	Not awarded	
<b>Team</b>	Not awarded	

<b>Age Awards</b>		
<b>40-44</b>	Nick Tarmey, Velo Club Venta	516.56
<b>45-49</b>	Doug Hart, Ilkley CC	475.52
<b>50-54</b>	Ian Holbrook, Stone Wheelers CC	469.25
<b>55-59</b>	David Greenwood, Rye & District Wheelers CC	422.33
<b>60-64</b>	Miles Haslam, Buxton CC/Sett Valley Cycles	377.70
<b>70-74</b>	Graham Mann, Hainault RC	348.07

<b>Age Awards</b>		
<b>40-44</b>	Kirsty McSeveney, ...a3crg	1:18:53
<b>Junior Boys</b>		
<b>1</b>	Cormac Nisbet, High Wycombe CC	1:04:56
<b>2</b>	Not awarded	
<b>3</b>	Not awarded	

#### Circuit Championships, 19 June, F12/28, London North DC

<b>Men</b>		
<b>1</b>	Christopher Fennell, The Independent Pedaler – Nopinz	58:28
<b>2</b>	Ollie Hucks, Saint Piran	58:33
<b>3</b>	Rob Walker, Ward WheelZ	58:54

<b>Junior Girls</b>		
<b>1</b>	Abbey Thompson, Stonham Barns Park – SYRT	1:22:22
<b>2</b>	Not awarded	
<b>3</b>	Not awarded	

<b>Team</b>	Not awarded	
<b>Age Groups</b>		
<b>40-44</b>	Nicholas Latimer, Team Lifting Gear Products	1:04:31
<b>45-49</b>	Oswin Grady,	1:08:35

<b>Age Awards</b>		
<b>17 Boy</b>	Cormac Nisbet, High Wycombe CC	1:04:56
<b>13 Girl</b>	Abbey Thompson, Stonham Barns Park – SYRT	1:22:22
<b>15 Girl</b>	Sophie Heighton, Ferryhill Whs	1:23:37