# British Universities and Colleges Sports National 25 Mile Time Trial Championships Event Information



#### **Cambridge University Cycling Club**

#### Saturday 22 April 2017 Course E33/25b – start 13:01

EVENT HQ: The Ellesmere Centre, Ley Road, Stetchworth, CB8 9TS (GR642582) If the HQ car park is full, please use the rough grass outside – do not park on the verge opposite.

#### Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

#### **Event Headquarters**

Registration will be held at the event headquarters: The Ellesmere Centre, Ley Road, Stetchworth, Newmarket, Suffolk, CB8 9TS (<u>http://ellesmerecentre.org.uk/</u>). Registration will be open from 1130.

The event HQ is approximately a three-mile ride from the course start. There are ample quiet roads near the event HQ for warming-up.

Parking will be available at the event HQ. If the car park is full, please use the rough grass (and not the verge) outside.

Stetchworth is a quiet friendly village. Please help to preserve it by parking considerately and refraining from littering, public nudity and urinating. Any competitor seen doing these may be disqualified. Showers, changing rooms and toilets are available at the event HQ. Light refreshments will be available after the event.

#### Please do not wear cleated shoes in the village hall.

Please do not park in the start lay-by or near the finish area.

Time keepers: Christine Yareham, Tim Groves and Becki Groves

Event Organiser: Oliver Mytton (otm21@medschl.cam.ac.uk)

## **Rider Information**

#### **Course description**

The course is the E33/25b (often labelled E33/25<sup>1</sup>). The start is half way along lay-by (marked Police only) on the A1303, situated 650 yards south-west of the Stetchworth roundabout.

From the start, proceed on the A1303 towards Cambridge, continuing to Dunsley Corner (5.18m) where you should take a left to follow lane to Six Mile Bottom (8.83m) where you take left turn at a cross-road and join the A1304 in the direction of Newmarket. Continue along the A1304 until the Stetchworth roundabout (12.39m) where you take the first left to rejoin the A1303, to finish first circuit at the start point (12.76m).

Proceed onto second circuit via A1303 to Dunsley Corner (17.94m), lane to Six Mile Bottom (21.59m) A1304 towards Newmarket to finish just before 'White Direction Board' which is 300 yards south of Stetchworth roundabout (25.00m).

After finishing continue to the Stetchworth roundabout and take a right turn to head back to the event HQ.

Course map: https://www.cyclingtimetrials.org.uk/course-details/e33-25

#### Drafting

"Competitors must ride entirely alone and unassisted, and not ride in company or take shelter from the other riders or vehicles. A competitor overtaking another must pass without receiving or giving shelter. The onus of avoiding company riding shall be upon the rider overtaken." Cycling Time Trials Regulation No. 18.

#### **Your Safety**

The course runs on public roads which may be busy with traffic. All riders are expected to obey the highway code.

In the interests of your own safety, Cycling Time Trials and Cambridge University Cycling Club strongly advise you to wear a hard shell helmet that meets an internationally accepted safety standard.

In order to be eligible for BUCS points or medals you must wear a helmet and use a rear light.

# U-turns are not permitted within sight of the start and finish points, nor on the course. Offenders are liable for disqualification.

There are good, quiet roads for warming up near the sign on area. **Do not warm up on the course once the event is in progress.** 

<sup>&</sup>lt;sup>1</sup> The E33/25a uses the same course, but has the start and finish further along the A1303 (near Bottisham).

Please note as you head to the start you are riding on the course (the section from the Stetchworth roundabout to the lay-by) – please take extra care and do not impede riders who are racing.

The course is, for the most part, well-surfaced with no substantial potholes.

Please keep your head up at all times. Marshalls will be stationed at turning points, but it is the responsibility of riders to know the course.

Riders should take care not to branch left onto the A14 when the A1303 crosses it. Keep right and follow the A1303 (over a FURTHER bridge), and THEN down the hill (keeping on the A1303).

After turning left at Dunsley Corner (exiting the A1303), riders should be aware of a dangerous joint in the road surface on the bridge over the A14

When turning left onto the A1304, riders do not have right of way. Visibility is poor at this junction (a cross-roads) – and riders should take care.

At the Stetchworth roundabout rider must give way to traffic coming from their right and give clear signals as to their intended route.

There should be no stopping at the finish, riders *must* carry on to the Stetchworth roundabout and take a right turn to head back to the HQ. Riders must not hassle or approach the timekeepers for their time.

The race will be run under Cycling Time Trials rules and regulations. A copy is available on their website:

https://www.cyclingtimetrials.org.uk/articles/view/11

If you are new to time trialling you are encouraged to read these notes: <u>https://www.cyclingtimetrials.org.uk/articles/view/9</u>

### Men's Event

Number	Name	Institution	Start Time
1	Luke Fisher	University of Cambridge	13:01
2	James Robinson	Leeds Beckett University	13:02
3	Tom Marsh	Loughborough University	13:03
4	Jamie Wiley	University of Manchester	13:04
5	William Sloper	King's College London	13:05
6	Matthew Kerin	Oxford University	13:06
7	Declan Bowler	University of Sunderland	13:07
8	Oscar Ortega	University of Warwick	13:08
9	Benedict Coward	University of Southampton	13:09
10	Oliver Mytton	University of Cambridge	13:10
11	Matthew Bond	University of Essex	13:1
12	Dan Merriman	University of Liverpool	13:12
13	Mark Goodhead	University of Birmingham	13:13
14	Edmond Daramy-Williams	University of Leeds	13:14
15	Oliver Bent	Oxford University	13:15
16	Karl Baillie	University of Derby	13:10
17	Jamie Haworth	University of Warwick	13:1
18	Bernard Harrington-Voigt	King's College London	13:13
19	Niall Dickin	University of Southampton	13:1
20	James Mapley	University of Kent	13:2
21	Dan Martin	University of Bath	13:2:
22	Alistair Golby	University of Cambridge	13:2
23	Hasnain Iqbal	Brunel University	13:2
24	Oliver Dixon	University of Leeds	13:2
25	Alexander Bradley	Oxford University	13:2
26	Joseph Ricciardi	Sheffield Hallam University	13:2
20	Josh Lahiri	University of Warwick	13:2
28	Kieran Watts	Falmouth & Exeter Student's Union	13:2
20	Oliver Handley	University of Southampton	13:2
30	Adam Wild	University of Edinburgh	13:2
31	Angus Fisk	Oxford University	13:3
31	David Percival	York St John University	13:3
33	Bobby Harrop	Brunel University	13:3
34	, .		13:3
	Dan Joyce	Swansea University	
35	Edward O'Connell	University of Derby	13:3
36	Dominic Skinner	University of Liverpool	13:3
37	Thomas Ash	Oxford University	13:3
38	Luke Lear	Falmouth & Exeter Student's Union	13:3
39	Tom Ellis	University of Southampton	13:3
40	Rob Walker	University of Cambridge	13:4
41	George Rowlands	Loughborough University	13:4
42	Tom Linton-Neal	Leeds Beckett University	13:4
43	Harry Chamberlain	University of Southampton	13:4
44	Thomas Weir	Swansea University	13:4
45	Will Perrett	University of Derby	13:4
46	Sion Harlow	Cardiff University	13:4
47	Toby Cowell	University of Cambridge	13:4
48	Jack Kitching	Durham University	13:4
49	Michael Ruiz	University of Plymouth	13:4
50	George Boardman	University of Liverpool	13:5
51	Ben Alexander	University of Bristol	13:5

52	Simon Abram	Oxford University	13:52
53	Charlie Leech	University of Southampton	13:53
54	Tom Shaw	St George's, University of London	13:54
55	Alex Lubbock	University of Essex	13:55
56	Jali Packer	University of Cambridge	13:56
57	Bryn Davies	Oxford University	13:57
58	Carlisle King	Imperial College London	13:58
59	Mathew Fallon	University of Plymouth	13:59
60	Harold Bradbury	University of Cambridge	14:00
61	Peter Hitt	Loughborough University	14:01
62	Cristian Regep	Oxford University	14:02
63	Richard Henshaw	University of Warwick	14:03
64	James King	Oxford University	14:04
65	Harry Brook-Dobson	University of Bath	14:05
66	Will Newman	Canterbury Christ Church University	14:06
67	Dave Chesterman	University of East Anglia	14:07
68	Ryan Parkinson	Newcastle University	14:08
69	Harry jenkins	University of Plymouth	14:09
70	Tom Ward	Loughborough University	14:10
71	Sam Harding	Brunel University	14:11
72	Cameron Toms	University of Bristol	14:12
73	Vincenzo Pratley	Oxford University	14:13
74	Cormac Allison	Nottingham Trent University	14:14
75	Tim Allen	Oxford Brookes University	14:15
76	Christopher Revell	University of Cambridge	14:16
77	Jonathan Melville	University of South Wales	14:17
78	Arthur Law	University of Warwick	14:18
79	Michael Lewis	University of Plymouth	14:19
80	John Mulvey	University of Cambridge	14:20
81	Samuel Mansfield	Loughborough University	14:21
82	Thomas Glynn	King's College London	14:22
83	Nick Grogan	University of Cambridge	14:23
84	Jack Taylor	Nottingham Trent University	14:24
85	John Grenfell-Shaw	University of Cambridge	14:25
86	Harvey Thomas Phillips	University of Bath	14:26
87	Joe Morrow	Oxford University	14:20
88	Jack Barber	Nottingham Trent University	14:27
89	George Charles	University of Plymouth	14:20
90	Jack O'Neill	University of Warwick	14:29
90	Joshua Haasz	Durham University	14:30
91	Harry Lock	Loughborough University	14:31
92	Nicholas Allen	University of Edinburgh	14:32
93	Matteo Stainer	Nottingham Trent University	14:33
94	Anthony Collier	University of Hertfordshire	14:34
95	Tom Platts	Loughborough University	14:35
90	John Brett	University of Manchester	14:30
97	Scott Jenkins	University of Warwick	14.37
98	Harry Palmer	University of Plymouth	14.38
100	James Hayden	Brunel University	14:39
100	Jamie Francis	Durham University	14:40
102	Oli Cooper	University of Bath	14:42
103 104	James Scott-Farrington Peter Sibley	Leeds Beckett University Nottingham Trent University	14:43
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106	Tom Huband	University of East Anglia	14:46
107	Myles Higby	Loughborough University	14:47
108	Dominic Smyth	University of Warwick	14:48
109	Bede Constantinides	University of Manchester	14:49
110	Sebastian Dickson	University of Cambridge	14:50
111	Oscar Sinfield	University of Liverpool	14:51
112	Valentin Sulzer	Oxford University	14:52
113	Sean Irving	University of Cambridge	14:53

### Women's Event

Number	Name	Institution	Start Time
1	Emilie Lostis	University of Cambridge	15:21
2	Francesca Hall	Loughborough University	15:22
3	Jasmine Jones	Cardiff University	15:23
4	Jane Brooks	University of Plymouth	15:24
5	Jess Atkinson	University of Cambridge	15:25
6	Ellie Cooper	Loughborough University	15:26
7	Nancy Walker	University of Warwick	15:27
8	Abigail Carter	Loughborough University	15:28
9	Emily Adams	Nottingham Trent University	15:29
10	Sophie Lankford	Cardiff University	15:30
11	Eleanor Jones	University of Warwick	15:31
12	Alicia Love	University of Liverpool	15:32
13	Lucy Farquhar	Oxford University	15:33
14	Sarah Palmer	University of East Anglia	15:34
15	Tamara Davenne	Oxford University	15:35
16	Anna Covey	University of Southampton	15:36
17	Zoe Chandler	Loughborough University	15:37
18	Holly Knox	University of Cambridge	15:38
19	, Tamzin Dewar	Nottingham Trent University	15:39
20	Anna Morris	Loughborough University	15:40
21	Charlotte Burford	King's College London	15:41
22	Elanor Cadzow	University of East Anglia	15:42
23	Lauren Garrett	Oxford Brookes University	15:43
24	Molly Hodges	University of Bath	15:44
25	Lottie Mallin-Martin	University of Cambridge	15:45
26	Hannah Bye	University of East Anglia	15:46
27	Isabella Wild	University of Nottingham	15:47
28	Heather Douglas	Loughborough University	15:48
29	Agata Tomaszewska	University of Southampton	15:49
30	Kirsten McKluskie	Teesside University	15:50
31	Renee Haver	Oxford University	15:51
32	Kate Baker	University of Bath	15:52
33	Maria Gent	Writtle University College	15:53
34	Laura Brooks	University of Essex	15:54
35	Elle Twentyman	University of Bath	15:55
36	Annie Frederick	University of Chichester	15:56
37	Cindy Berry	University of East Anglia	15:57
38	Hannah Evans	University of Cambridge	15:58
39	Martha King	University of Bristol	15:59
40	Molly Patch	University of Birmingham	16:00
40	Sophie Herbert	University of Southampton	16:01
42	Carolyn Gaunt	Sheffield Hallam University	16:02
43	Eleri James	University of Liverpool	16:03
44	Lucy Scott	University of Bath	16:04
45	Louise Scapham	University of Birmingham	16:05
45	Francesca Counsell	University of Manchester	16:06
40	Lauren Kedar	University of Oxford	16:07