

Courses and roads assessed. L321 – Cumdivock Circuit (x 3)	Course local to: Cumdivock Circuit approx 11 miles (3 laps is approx 32 miles)
Date of assessment/ review	Name of assessor: Border City Wheelers
Approved 7 Jan 2009; transferred to new	
template Sep 2023	

Course description

START approximately 8 miles south west of Carlisle at a field gate on an unclassified road 350 yards south of Rosley Church crossroads. Proceed south to B5305 at Rosley where left to Goose Green. Turn left on to the B5299 through Welton to turn left approximately one mile south of Dalton (Hawksdale) to Cumdivock WI Hall and Church. Turn left to East Curthwaite and then left towards Rosley Church. Turn left at Rosley Church crossroads then proceed past the START (approximately 11 miles) and repeat circuit (approximately 22 miles). Repeat the circuit a third time to FINISH at field gate on left 0.5 mile after the crest at Howrigg just before the start of the trees lining both sides of the road which is 500 yards before Rosley Church crossroads (approximately 32 MILES). Headquarters is at Rosley Village Hall and car park.

Traffic flows

B Roads with light traffic

Course event/history

This is a Type A (Open) events course



Key identified risks

	Distance	Location	Identified Significant	Level of Risk	Measures to reduce Risk (if applicable)
			Risk/Hazards	Low/Med/High	
1		General	Time of event meets CTT		Traffic counts
		requirements	standards. Course clear on day.		Organiser to ensure course checked on day
2		Before start	Competitors parking. Competitors riding from HQ and warming up.	LOW	Organiser to place 'CYCLE EVENT' warning signs.
3		Start area	Competitors waiting	LOW	Organiser to place cycle event warning signs and display head up sign.
4		START approximately 8 miles south west of Carlisle at a field gate on an unclassified road 350 yards south of Rosley Church crossroads	Competitor/holder up falling. Vehicles approaching at start	LOW	Organiser to position 'CYCLE EVENT' warning sign to make rivers aware of cycle event and ensure officials to wear high visibility jackets/bibs
5		B5305 junction	Left turn at junction	LOW	Organiser to place cycle event warning signs and position 2 marshals for safety and direction.
6		Rosley village	Residential area	LOW	No additional measures required.
7		B5299 crossroads	Left turn at crossroads	LOW	Organiser to place cycle event warning signs and position
					2 marshals for safety and direction.
8		Thwaites Farm	Fast descent - watch for vehicles emerging	LOW	No additional measures required.
9		Welton village	Residential area Junction right	LOW	No additional measures required.
10		Nether Welton	Left junction	LOW	No additional measures required.

CYCLING TIME TRIALS IS A COMPANY LIMITED BY GUARANTEE REGISTERED IN ENGLAND No: 4413282 Registered Address: C/O DJH Accountants Ltd, Porthill Lodge, High Street, Wolstanton, Newcastle under Lyme, Staffordshire, ST5 0EZ



	Distance	Location	Identified Significant Risk/Hazards	Level of Risk Low/Med/High	Measures to reduce Risk (if applicable)
11		Hawksdale junction	Left turn (effective straight on) at junction	LOW	Organiser to place cycle event warning signs and position 1 marshal at junction for safety and direction.
12		Nook	Right junctions Residential area	LOW	No additional measures required.
13		Cumdivock WI Hall then Church	Left turn at T-junction then downhill	LOW	Organiser to place cycle event warning signs and position 1 marshal at junction for safety and direction.
14		East Curthwaite	Left turn at T-junction SP Rosley	LOW	Organiser to place cycle event warning signs and position 1 marshal at junction for safety and direction.
15		Howrigg	Farm + junction right	LOW	No additional measures required.
16		Rosley Church	Left turn at crossroads	LOW	Organiser to place cycle event warning signs and position 2 marshals at junction for safety and direction.
17		Rosleyrigg	Minor junction left. Residential area.	LOW	No additional measures required.
18		Start area	Riders in road	LOW	Organiser to warn riders to be aware of lapping riders and ensure start marshal also warns riders.
2nd	ap: Repeat I	tems 5 to 15; 3rd lap : r	epeat Items 5 to 15 once again; THEN	N	

CYCLING TIME TRIALS IS A COMPANY LIMITED BY GUARANTEE REGISTERED IN ENGLAND No: 4413282 Registered Address: C/O DJH Accountants Ltd, Porthill Lodge, High Street, Wolstanton, Newcastle under Lyme, Staffordshire, ST5 0EZ



	Distance	Location	Identified Significant Risk/Hazards	Level of Risk Low/Med/High	Measures to reduce Risk (if applicable)
20	Finish	FINISH at field gate on left 0.5 mile after the crest at Howrigg just before the start of the trees lining both sides of the road which is 500 yards before Rosley Church crossroads (approximately 32 MILES).	Riders congregating at finish. Approaching vehicles	LOW	Organiser to warn riders in race instructions not to linger at finish and to place cycle event warning signs and position 1 marshal for safety.

NOTES:

- 1. The use of a vehicle for the timekeeper(s) at start and finish is where appropriate and is only identified as an example for the action to be taken.
- 2. The small junctions or entrances to farms/facilities (garage, eatery, etc) that are not identified in this risk assessment have been considered, however are not considered significant to pose a risk and therefore have not been noted.
- 3. All rules of the road must be followed as to 'the Highway Code'.
- 4. This risk assessment shall be made available at the event signing on. By the riders signing on to event sheet they accept all hazards identified on this course and are aware that this is an open road event and that they have a duty of care and courtesy to other road users.

Risk assessment Author: Border City Wheelers	Date: Sept 2023

CYCLING TIME TRIALS IS A COMPANY LIMITED BY GUARANTEE REGISTERED IN ENGLAND No: 4413282 Registered Address: C/O DJH Accountants Ltd, Porthill Lodge, High Street, Wolstanton, Newcastle under Lyme, Staffordshire, ST5 0EZ