



RISK ASSESSMENT

Courses and roads assessed <u>LL102 – Cockermouth School 10</u>	Cockermouth, Embleton, Dubwath, Cockermouth
Date of assessment/ review Aug 2023 – original received from David Gow 4 Jan 2023. Approved 11 Jan 2023	Name of assessor: David Gow

Course description

Start Road Sign at end of Cockermouth School Car Park heading East. Follow Old A66 East through Embleton bear left towards Castle Inn. Straight ahead towards Dubwath at Ouse Bridge (B5921). Bear right towards Cockermouth at Dubwath (approx '100m before 85921/A66 Junction). Bear Left at Give Way Junction and retrace steps West to Cockermouth Finish Road Sign Opposite Start

Traffic flows

Low. During periods of hot weather traffic/parking can be very busy around west end of Bassenthwaite Lake along B5921. This is covered by the on the day risk assessment.

Course event/history

This is a Type B (Club) events. Club Events (promoted by Derwent Valley CC and Velo Club Cumbria) have been held on this course for many (>30) years. DVCC started promoting again in 2017.



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Key identified risks

	Distance	Location	Identified Significant Risk/Hazards	Level of Risk Low/Med/High	Measures to reduce Risk (if applicable)
1		General requirements	Time of event meets CTT standards. Course clear on day.		Traffic counts Organiser to ensure course checked on day
2		Before start	Competitors parking. Competitors riding from HQ and warming up.	LOW	Organiser to warn of U turns and prohibited areas for warming up at signing-on.
3	0 miles	START at Road Sign at end of Cockermouth School Car Park heading East	Competitor/starting marshal falling. Traffic approaching from behind riders.	LOW	Organiser to place cycle event warning signs on both roads coming from Cockermouth travelling East. Organiser to display head up sign and to brief start marshals to warn riders of approaching traffic. Organiser to ensure Time Keeper /Pusher Off High Viz Jackets.
4	0.2 miles	Road Junction on left Signposted Higham/Golf Course	Traffic approaching from left	LOW	No additional measures required.
5	2.2 miles	Lambfoot Junction to Golf Course and minor junction to A66	Traffic approaching from left/right	LOW	No additional measures required.
6	2.8 miles	Embleton Spa Junction	Traffic approaching from right	LOW	No additional measures required.
7	3.2 miles	Minor Junction to A66	Traffic approaching from right	LOW	No additional measures required.



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	Distance	Location	Identified Significant Risk/Hazards	Level of Risk Low/Med/High	Measures to reduce Risk (if applicable)
8	3.4 miles	On left Minor junction to Higham (Close Farm)	Traffic approaching from left	LOW	No additional measures required.
9	4.5 miles	On left minor junction to Higham	Traffic approaching from left	LOW	No additional measures required.
10	4.7 miles	Distillery Car Park and minor junction on left. Distillery Closes at 6pm	Traffic approaching from left/right	LOW	No additional measures required.
11	4.9 miles	Ouse Bridge Junction of B5291/PeilWyke/ Castle Inn	Traffic approaching from left	MED	Organiser to position Cycle Race Warning Sign on North Side of Bridge. Organiser to position 1 marshal on South Side of Bridge with red warning flag prior to junction for safety and direction.
12	5.5 miles	Sailing Club which can be busy during Regatta (end of July)	Traffic approaching from left	LOW	Organiser to post warning notice to riders at signing-on.
13	5.6 miles	Bear Right on unclassified road at Traffic Island approximately 100m before A5921/A66 junction	Traffic approaching from left/right	MED	Organiser to place cycle race warning sign visible to traffic on A5921 approaching from A66 junction. Organiser to position 1 marshal for safety and direction.



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	Distance	Location	Identified Significant Risk/Hazards	Level of Risk Low/Med/High	Measures to reduce Risk (if applicable)
14	6.0 miles	Bear left at Give Way sign junction with Castle Inn Peil Wyke Road	Traffic approaching from right	LOW	No additional measures required.
15	6.6 miles	On right Minor junction to Higham (Close Farm)	Traffic approaching from right	LOW	No additional measures required.
16	6.8 miles	Minor Junction to A66	Traffic Approaching from left	LOW	No additional measures required.
17	7.2 miles	Embleton Spa Junction	Traffic Approaching from left	LOW	No additional measures required.
18	7.8 miles	Lambfoot Junction to Golf Course and minor junction to A66	Traffic Approaching from left/right	LOW	No additional measures required.
19	9.8 miles	Junction Higham/ Golf Club	Traffic Approaching from right	LOW	No additional measures required.
20	9.95 miles	Junction from Cockermouth	Traffic Approaching from left	LOW	Organiser to place cycle race warning sign visible to traffic travelling east from Cockermouth.



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	Distance	Location	Identified Significant Risk/Hazards	Level of Risk Low/Med/High	Measures to reduce Risk (if applicable)
21	10.0 miles	FINISH at Road Sign Opposite Start	Time Keeper/ Slowing riders	LOW	<p>Organiser to notify riders that no times will be given to competitors or supporters at finish and notify that no vehicles or competitors to stop on road or verge.</p> <p>All riders to continue past finish without stopping. No riders to congregate at finish LOCAL Rules – riders not to perform a ‘U’-turn in the vicinity of the Finish. Organiser to ensure riders are reminded via notice at sign on.</p> <p>Organiser to place cycle race warning sign for traffic travelling east from Cockermouth.</p>

NOTES:

1. The use of a vehicle for the timekeeper(s) at start and finish is where appropriate and is only identified as an example for the action to be taken.
2. The small junctions or entrances to farms/ facilities (garage, eatery, etc) that are not identified in this risk assessment have been considered, however are not considered significant to pose a risk and therefore have not been noted.
3. All rules of the road must be followed as to ‘the Highway Code’.
4. This risk assessment shall be made available at the event signing on. By the riders signing on to event sheet they accept all hazards identified on this course and are aware that this is an open road event and that they have a duty of care and courtesy to other road users.

Risk assessment Author: David Gow

Date: Aug 2023