



# RISK ASSESSMENT

Courses and roads assessed. <b>LC172 Circuit of Coniston</b>	Coniston Circuit starting and finishing at Lowick Bridge
Date of assessment: Aug 2023. Adapted from Type A course approved 19 Jan 2022.	Name of original assessor: Mike Speight (Barrow Central Wheelers) adapted by K Hesketh Jan 2022

## **Course description**

The course starts and finishes at Lowick Bridge (SD292866).

## **Traffic flows**

The course follows a very narrow unclassified road with very light traffic for the first part to Coniston, then A-roads for the return from Coniston.

## **Course event/history**

This is a Type B (Club) events course adapted from a Type B event used previously by Barrow Central Wheelers.



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## Key identified risks

	Distance	Location	Identified Significant Risk/Hazards	Level of Risk Low/Med/High	Measures to reduce Risk (if applicable)
1		General requirements	Time of event meets CTT standards. Course clear on day.		Traffic counts <b>Organiser</b> to ensure course checked on day
2		Before start	Competitors parking. Competitors riding from HQ and warming up.	LOW	<b>Organiser</b> to place 'CYCLE EVENT' warning signs.
3		Start area	Competitors waiting	LOW	<b>Organiser</b> to place cycle event warning signs and display head up sign.
4	0.0 miles	<b>Start</b> at Start at North end of the small lay-by on the East side of Coniston Lake road 100 metres North of Lowick Bridge.		LOW	<b>Organiser</b> to position 'CYCLE EVENT' warning sign to make riders aware of cycle event and ensure officials to wear high visibility jackets/bibs. <b>LOCAL Rules</b> – riders not to perform a 'U'-turn in the vicinity of the start. <b>Organiser</b> to ensure riders are reminded with a notice at signing-on.
5		Minor road junction to left at Arklid Farm.	Riders continue straight on.	LOW	<b>Organiser</b> to place cycle event warning signs.
6		Nibthwaite Village	Narrow section through village with blind bends.	LOW	<b>Organiser</b> to place cycle event warning signs and warn riders to take care at signing-on.
7		Section east of Coniston Lake	Narrow road with blind bends and rough surfaces	LOW	<b>Organiser</b> to place cycle event warning signs at intervals and warn riders to take care at signing-on.
8		Left turn at T-junction with B5285	Traffic from right.	LOW	<b>Organiser</b> to place cycle event warning signs and position 1 marshal for safety and direction.
9		Coniston town.	Traffic and pedestrians.	LOW	<b>Organiser</b> to remind riders to take care at signing-on.

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	Distance	Location	Identified Significant Risk/Hazards	Level of Risk Low/Med/High	Measures to reduce Risk (if applicable)
10		Left turn at T-junction with A593 in Coniston.	Traffic from right.	LOW	<b>Organiser</b> to place cycle event warning signs and position 1 marshal for safety and direction.
11		Left turn at Torver onto A5084.	Riders turn left off A593 at T-junction.	LOW	<b>Organiser</b> to place cycle event warning signs and position 1 marshal for safety and direction.
12		Descent from Sunny Bank	Sweeping turns at bridge at bottom of descent.	MED	<b>Organiser</b> to warn riders to take care on the descent and warn of the tight turn at signing-on.
13	16.5 miles	<b>Finish</b> on the A5084 at Lowick signpost approx. 20 yds before the start (SD292866).	Riders stopping and marshals on verge. Riders setting off at the same time as riders finishing.	LOW	<b>Organiser</b> to place cycle event warning signs. Organiser to notify riders that no times will be given to competitors or supporters at finish and also notify that no vehicles or competitors to stop on road or verge.
14		Return to HQ	Potential conflict with competitors and/or traffic on course.	LOW	<b>Organiser</b> to remind riders to obey rules of the road with a notice in the start sheet.

## NOTES:

1. The use of a vehicle for the timekeeper(s) at start and finish is where appropriate and is only identified as an example for the action to be taken.
2. The small junctions or entrances to farms / bridleways etc that are not identified in this risk assessment have been considered, however are not considered significant to pose a risk and therefore have not been noted.
3. All rules of the road must be followed as to 'the Highway Code'.
4. This risk assessment shall be made available at the event signing on. By the riders signing on to event sheet they accept all hazards identified on this course and are aware that this is an open road event and that they have a duty of care and courtesy to other road users.

Risk assessment Author: K Hesketh

Date: Aug 2023

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