



RISK ASSESSMENT

Courses and roads assessed. LL813 – Setmurthy HC (2.24 miles)	Course local to: Cockermouth School, Setmurthy Common
Date of assessment/ review: 15 Dec 2023 Approved 13 March 2024	Name of assessor: David Gow

Course description

Start 0.3 miles east of Cockermouth School at junction with Castlegate Drive and unclassified road to Setmurthy Common. Proceed east on unclassified road to finish at boundary on the right marking the east end of Rake Wood (2.24m).

Traffic flows

Light traffic. Parked cars approximately 1 mile from start for use of MTB trails in Setmurthy Forest. This is covered by the on the day risk assessment.

Course event/history

This is a Type B (Club) events course.



RISK ASSESSMENT

Key identified risks

	Distance	Location	Identified Significant Risk/Hazards	Level of Risk Low/Med/High	Measures to reduce Risk (if applicable)
1		General requirements	Time of event meets CTT standards. Course clear on day.		Traffic counts Organiser to ensure course checked on day
2		Before start	Competitors parking. Competitors riding from HQ and warming up.	LOW	Organiser to place 'CYCLE EVENT' warning signs.
3		Start area	Competitors waiting	LOW	Organiser to place cycle event warning signs and display head up sign.
4		START 0.3 miles east of Cockermouth School at junction with Castlegate Drive and unclassified road to Setmurthy Common	Traffic approaching from behind riders	LOW	Organiser to position 'CYCLE EVENT' warning sign to make riders aware of cycle event and ensure officials to wear high visibility jackets/bibs. LOCAL Rules – riders not to perform a 'U'-turn in the vicinity of the start. Organiser to ensure riders are reminded with a notice at signing-on.
5	1.1 miles	Layby at side of road	Parked cars for Mountain Bike users in Setmurthy Forest	LOW	No additional measures required.
6	1.5 miles	Junction Signposted Golf Course	Traffic from Left	LOW	Organiser to position Cycle Race Warning Sign at junction.
7	Finish 2.24 miles	FINISH at boundary on the right marking the east end of Rake Wood		LOW	Organiser to ensure riders are reminded at signing-on not to attempt a U-turn after finishing. Organiser to position Cycle Race warning sign east of the finish.



RISK ASSESSMENT

NOTES: The use of a vehicle for the timekeeper(s) at start and finish is where appropriate and is only identified as an example for the action to be taken.

1. The small junctions or entrances to farms/facilities (garage, eatery, etc) that are not identified in this risk assessment have been considered, however are not considered significant to pose a risk and therefore have not been noted.
2. All rules of the road must be followed as to 'the Highway Code'.
3. This risk assessment shall be made available at the event signing on. By the riders signing on to event sheet they accept all hazards identified on this course and are aware that this is an open road event and that they have a duty of care and courtesy to other road users.
4. The small junctions or entrances to farms/ facilities that are not identified in this risk assessment have been considered, however are not considered significant to pose a risk and therefore have not been noted.

Risk assessment Author: David Gow

Date: Feb 2024