

Courses and roads assessed. L308	Course local to: Levens, Meathop, Lindale, 2 laps 30 miles
Date of assessment/review: Approved 20 Sept 2017	Name of assessor: Kevin Hesketh

Course description

2 laps of Levens/Meathop/Lindale

Traffic flows

Main road suitable only for quiet times of day. Special conditions apply to start times.

Course event/history

This is a Type A (Open) events course.



Key identified risks

	Distance	Location	Identified Significant Risk/Hazards	Level of Risk Low/Med/High	Measures to reduce Risk (if applicable)
1		General requirements	Time of event meets CTT standards. Course clear on day.		Traffic counts Organiser to ensure course checked on day
2		Before start	Competitors parking. Competitors riding from HQ and warming up.	LOW	Organiser to place 'CYCLE EVENT' warning signs.
3		Start area	Competitors waiting	LOW	Organiser to display head up sign and position CYCLE EVENT warning sign to make riders aware of cycle event and ensure officials to wear high visibility jackets/bibs.
4	0 miles	START at north east end of layby on A590 approximately 0.7 miles south west of roundabout junction of A590 and A591	Competitor/holder up falling. Wide main road with passing traffic. Safe area for riders and officials in layby.	LOW	Organiser to brief start marshal to warn riders of approaching traffic and place warning sign/cone. LOCAL Rules – riders not to perform a 'U'-turn in the vicinity of the start - riders not to attempt to cross the dual carriageway at any point. Organiser to ensure riders are reminded with a notice at signing-on.
5	0.65m	Riders proceed north east to encircle Sizergh roundabout with A590/A591	Busy roundabout with fast joining traffic. Riders need to give way to traffic from right.	MED	Organiser to place cycle event warning signs at approaches to A6/A590 roundabout and position 3 marshals for safety and direction. Organiser to remind riders in start sheet to give way if required to traffic from right.

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	Distance	Location	Identified Significant Risk/Hazards	Level of Risk Low/Med/High	Measures to reduce Risk (if applicable)
6		Slip road exit from A590 towards Levens Bridge.	Riders continue straight on. Danger from vehicles overtaking riders and bearing left across them.	MED	Organiser to place minimum of 3 cycle event warning signs to alert traffic approaching riders from behind.
7		Slip road on left where A6 joins onto A590.	Fast traffic joining A590 from slip road to left of riders.	MED	Organiser to place minimum of 3 cycle event warning signs on slip road and position 1 marshal to warn traffic. Also, organiser to warn riders to take particular care at this junction in race instructions.
8		A590 westbound Meathop RAB.	Junctions onto A590 from minor roads and former Little Chef cafe. All have good visibility for emerging traffic and all carry only light traffic.	LOW	No additional measures required.
9	6.68m & 21.34m	Meathop roundabout - Lindale bypass.	Riders take 1st exit onto B5277 towards Lindale.	MED	Organiser to place cycle event warning signs and position 2 marshals at the roundabout. Organiser to warn riders to take particular care at this roundabout in race instructions.
10	7.97m & 22.63m	Lindale roundabout.	Riders encircle mini roundabout and retrace route on B5277.	MED	Organiser to place cycle event warning signs and position 2 marshals for direction and safety.
11	9.26m & 23.92m	Meathop roundabout - Lindale bypass.	Riders take 2nd exit onto eastbound A590. Traffic joining roundabout.	MED	Covered by mitigating actions under Item 9

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	Distance	Location	Identified Significant Risk/Hazards	Level of Risk Low/Med/High	Measures to reduce Risk (if applicable)
12		A590 eastbound.	Junctions onto A590 from minor roads and former Little Chef café/Garage. All have good visibility for emerging traffic and all carry only light traffic.	L	No additional measures required.
Ride	rs complete	1 lap (14.66m) and the	en repeat Items 5 to 12 on 2 nd lap (29	.32m)	
14	29.96m	Riders continue to Sizergh roundabout for 3 rd time at end of 2 nd lap	Riders take the second exit onto unclassified road (Nannypie lane)	MED	Covered by mitigating actions under Item 5
	Finish 30 miles	FINISH finish at 'Clearway end' signs on bend just before layby on left (30m).	Wide main road. Passing traffic.	LOW	Organiser to notify in start sheet that no times will be given to competitors or supporters at finish.
		Riders return to HQ		LOW	Organiser to place cycle event warning signs and remind riders in start sheet to obey rules of the road.

NOTES:

- 1. The use of a vehicle for the timekeeper(s) at start and finish is where appropriate and is only identified as an example for the action to be taken.
- 2. The small junctions or entrances to farms/facilities (garage, eatery, etc) that are not identified in this risk assessment have been considered, however are not considered significant to pose a risk and therefore have not been noted.
- 3. All rules of the road must be followed as to 'the Highway Code'.
- 4. This risk assessment shall be made available at the event signing on. By the riders signing on to event sheet they accept all hazards identified on this course and are aware that this is an open road event and that they have a duty of care and courtesy to other road users.

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Risk assessment Author: Kevin Hesketh	Date: 13 Sept 2017